

Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
58.34	454	F	16/12/18	Bromley SC Christmas Gold Open Meet 2018	Gillingham	Black Lion	3
58.37	453	H	25/11/17	Black Lion L3 Winter Open Meet 2017	Medway Park	Black Lion	3
58.45	451	H	05/05/19	Black Lion Level 3 Spring Open Meet	Medway Park	Black Lion	3
58.80	443	F	17/12/17	Bromley Chrismas Gold Open Meet 2017	Gillingham		3
59.05	437	H	08/10/17	BLSC Club Championships 2017	Medway Paek	Black Lion	4
59.17	435	H	27/04/19	Medway ASA Championships 2019	Maidstone	Black Lion	3
59.20	434	F	07/07/18	4th Beachfield Summer Open	Gillingham	Black Lion	3
59.37	430	H	24/11/18	Black Lion Level 3 Winter Open Meet	Medway Park LC	Black Lion	3
59.44	429	H	30/04/17	Black Lion L3 Spring Open Meet 2017	Gillingham	Black Lion	3
59.54	427	F	18/03/18	Dartford Spring Meet	Medway		3
59.58	426	F	13/10/18	NASL South Round One 2018	Gillingham	Black Lion	3
59.62	425	H	07/04/19	BLSC Regional Open Meet	Medway Park	Black Lion	3
59.65	424	F	27/04/19	Medway ASA Championships 2019	Maidstone	Black Lion	3
59.76	422	H	06/10/18	Medway ASA Championships 2018	Gillingham	Black Lion	3
59.80	421	H	07/01/18	BLSC Winter Time Trials 2017	Medway Park	Black Lion	4
59.91	419	H	07/10/17	Medway ASA Championships 2017	Maidstone	Black Lion	4
59.95	418	F	14/10/17	NASLS - Round One	Beckenham	Black Lion	3
1:00.28	411	H	03/12/16	Gravesend & Nothfleet Open Meet 2016	Gillingham	Black Lion	3
1:00.38	409	H	14/12/17	BLSC Winter Time Trials 2017	Strood	Black Lion	4
1:00.45	408	F	11/11/17	NASLS - Round Two	Bexleyheath	Black Lion	3
1:00.61	404	H	01/10/17	Orpington Ojays Season Starter 2017	Gillingham	Black Lion	3
1:00.85	400	H	23/11/19	Black Lion Level 3 Winter Open Meet	Gillingham	Black Lion	3
1:01.08	395	F	18/12/16	Bromley Christmas Gold Open Meet 2016	Bromley		3
1:01.27	391	F	09/12/17	NASLS - Round Three	Bexleyheath	Black Lion	3
1:01.33	390	F	08/07/17	3rd Beachfield Summer Open	Gillingham	Black Lion	3
1:02.02	377	H	21/04/18	M21eme meeting international	Lumbres	Black Lion	3
1:02.02	377	H	04/04/17	Black Lion Licensed Time Trials 2017	Strood	Black Lion	4

1:02.03	377	H	04/07/17	Black Lion Licensed Time Trials 2017	Strood	Black Lion	4
1:02.45	370	H	15/10/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:02.49	369	H	18/09/16	Black Lion Club Championships	Gillingham	Black Lion	4
1:02.68	366	H	26/11/16	Black Lion Winter Open Meet	Gillingham	Black Lion	3
1:02.72	365	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Black Lion	3
1:03.20	357	F	05/11/16	DDSC & EDSC Fireworks Meet 2016	Bexleyheath	Black Lion	3
1:03.38	354	H	01/05/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
1:04.05	343	F	08/10/16	NASL South	Bexleyheath	Black Lion	3
1:04.58	334	H	02/10/16	Orpington Ojays Season Starter 2016	Gillingham	Black Lion	3
1:06.25	310	H	20/02/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:06.36	308	F	20/02/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:07.19	297	H	16/12/15	Black Lion Club Time Trials (2)	Strood	Black Lion	4
1:07.65	291	H	05/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
1:07.80	289	H	01/11/15	Black Lion Club Championships	Gillingham		4
1:07.87	288	F	17/10/15	Medway Championships 2015	Gillingham		4
1:08.05	286	H	02/01/16	Dover and Canterbury (Jointly) Icebreaker 2016	Kent	Black Lion	3
1:08.07	285	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
1:08.76	277	H	17/10/15	Medway Championships 2015	Gillingham		4
1:09.25	271	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham		3
1:09.84	264	H	04/10/15	Orpington Ojays Season Starter	Gillingham		3
1:10.03	262	H	03/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:12.70	234	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham		3
1:13.93	223	F	22/03/15	Erith & District and Orpington Ojays SC	Medway Park		3
1:21.84	164	H	02/11/14	Black Lion Club Championships	Gillingham		4
1:22.55	160	H	12/04/14	Medway ASA Championships 2014	Gillingham	Co Rochester	4
1:23.65	154	H	04/10/14	Medway ASA Championships 2014	Gillingham		4
1:26.47	139	H	21/09/13	The 2013 Medway Championships	Gillingham	Co Rochester	4

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