

Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.59	387	H	16/09/18	BLSC Club Championships 2018	Medway Park	Black Lion	4
1:07.69	385	H	17/09/17	BLSC Club Championships 2017	Medway Park	Black Lion	4
1:07.88	382	F	10/06/18	Dartford Dash	Medway		3
1:08.09	379	H	16/09/17	Medway ASA Championships 2017	Gillingham	Black Lion	4
1:09.02	363	H	06/10/18	Medway ASA Championships 2018	Gillingham	Black Lion	3
1:09.39	358	F	16/09/17	Medway ASA Championships 2017	Gillingham	Black Lion	4
1:09.49	356	F	11/06/17	Dartford Dash	Gillingham		3
1:11.39	328	H	15/10/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:12.70	311	H	01/05/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
1:13.01	307	H	17/09/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:13.11	306	F	17/09/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:13.12	306	H	09/10/16	Black Lion Club Championships	Gillingham	Black Lion	4
1:18.55	246	H	17/10/15	Medway Championships 2015	Gillingham		4
1:19.02	242	H	03/10/15	Orpington Ojays Season Starter	Gillingham		3
1:19.66	236	H	07/06/15	Thanet Swim Club Margate Open	Hartsdown		3
1:19.76	235	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:19.77	235	H	28/11/15	Bexley Short Course Open	Bexleyheath		3
1:25.11	194	H	07/02/15	Medway ASA Championships 2015	Gillingham		4
1:25.84	189	F	07/02/15	Medway ASA Championships 2015	Gillingham		4
1:33.44	146	H	26/04/14	Medway ASA Championships 2014	Gillingham	Co Rochester	4
1:33.60	145	H	04/10/14	Medway ASA Championships 2014	Gillingham		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.02	363	H	06/10/18	Medway ASA Championships 2018	Gillingham	Black Lion	3
1:07.59	387	H	16/09/18	BLSC Club Championships 2018	Medway Park	Black Lion	4

1:07.88	382	F	10/06/18	Dartford Dash	Medway		3
1:07.69	385	H	17/09/17	BLSC Club Championships 2017	Medway Park	Black Lion	4
1:09.39	358	F	16/09/17	Medway ASA Championships 2017	Gillingham	Black Lion	4
1:08.09	379	H	16/09/17	Medway ASA Championships 2017	Gillingham	Black Lion	4
1:09.49	356	F	11/06/17	Dartford Dash	Gillingham		3
1:11.39	328	H	15/10/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:13.12	306	H	09/10/16	Black Lion Club Championships	Gillingham	Black Lion	4
1:13.11	306	F	17/09/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:13.01	307	H	17/09/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:12.70	311	H	01/05/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
1:19.77	235	H	28/11/15	Bexley Short Course Open	Bexleyheath		3
1:18.55	246	H	17/10/15	Medway Championships 2015	Gillingham		4
1:19.02	242	H	03/10/15	Orpington Ojays Season Starter	Gillingham		3
1:19.66	236	H	07/06/15	Thanet Swim Club Margate Open	Hartdown		3
1:19.76	235	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:25.84	189	F	07/02/15	Medway ASA Championships 2015	Gillingham		4
1:25.11	194	H	07/02/15	Medway ASA Championships 2015	Gillingham		4
1:33.60	145	H	04/10/14	Medway ASA Championships 2014	Gillingham		4
1:33.44	146	H	26/04/14	Medway ASA Championships 2014	Gillingham	Co Rochester	4