

Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.37	285	H	10/09/17	BLSC Club Championships 2017	Medway Park	Black Lion	4
1:14.70	270	H	09/09/18	BLSC Club Championships 2018	Medway Park	Black Lion	4
1:17.49	242	H	25/09/16	Black Lion Club Championships	Gillingham	Black Lion	4
1:17.91	238	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
1:18.13	236	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Black Lion	3
1:21.29	210	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham		3
1:21.91	205	H	04/04/15	Medway ASA Championships 2015	Gillingham		4
1:23.56	193	F	22/03/15	Erith & District and Orpington Ojays SC	Medway Park		3

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