

Individual Best Times (All Time)

Louis Hines - (848874) - Watford SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------------|-----------------|-------|
| 2:06.43 | 485 | F | 25/06/16 | The Terry Davies Alternative Nationals 2016 | Watford | Watford SC | 3 |
| 2:06.70 | 482 | H | 05/11/16 | East Swimming 2016 SC Championships | Luton | Watford SC | 2 |
| 2:07.39 | 474 | F | 22/11/15 | Watford November County Qualifier Open Meet | Watford | Watford SC | 3 |
| 2:07.78 | 470 | F | 25/01/16 | Hertfordshire County Championships | Borehamwood | Watford SC | 2 |
| 2:07.79 | 470 | F | 12/03/16 | Watford Regional Qualifier | Watford | Watford SC | 3 |
| 2:07.88 | 469 | F | 23/06/18 | The Terry Davies Alternative Nationals | Woodside LC | Watford SC | 3 |
| 2:08.00 | 467 | F | 17/10/15 | Hemel Hempstead 102nd Birthday Open | Hemel Hempstead | Watford SC | 2 |
| 2:08.20 | 465 | F | 15/10/16 | Wycombe District Inaugural Premier Meet | Wycombe | Watford SC | 2 |
| 2:08.28 | 464 | F | 28/02/16 | Ealing February L3 Open Meet | Northolt | Watford SC | 3 |
| 2:08.63 | 461 | H | 03/11/18 | Swim England East Region Short Course Championship | Luton | Watford SC | 2 |
| 2:08.68 | 460 | F | 18/11/18 | Watford November 2018 County Qualifier | Garston | Watford SC | 3 |
| 2:09.07 | 456 | F | 20/11/16 | Watford November 2016 County Qualifier | Garston | Watford SC | 3 |
| 2:09.47 | 452 | F | 17/06/17 | The Terry Davies Alternative Nationals | Watford | Watford SC | 3 |
| 2:09.83 | 448 | F | 01/07/15 | Watford Club Championships 2015 | Watford | Watford SC | 4 |
| 2:09.97 | 446 | F | 16/09/18 | Watford Club Championships 2018 | Garston | Watford SC | 4 |
| 2:10.12 | 445 | F | 01/02/15 | Hertsmere Flyers Last Chance No Frills Qualifier | Hendon | Watford SC | 3 |
| 2:10.24 | 444 | F | 04/10/15 | Harpenden SC Legacy Open Meet 2015 | Borehamwood | Watford SC | 3 |
| 2:10.26 | 443 | F | 18/03/17 | Watford Regional Qualifier | Watford | Watford SC | 3 |
| 2:10.79 | 438 | F | 26/11/17 | Watford November 2017 County Qualifier | Garston | Watford SC | 3 |
| 2:10.83 | 438 | H | 14/06/15 | 9th ASA East Region Disability Swimming Champs | Newmarket | Watford SC | 2 |
| 2:10.86 | 437 | F | 07/10/17 | Hemel Hempstead Birthday Open | Hemel Hempstead | Watford SC | 3 |
| 2:11.06 | 435 | F | 27/06/15 | The Terry Davies Alternative Nationals | Watford | Watford SC | 3 |
| 2:11.75 | 429 | F | 18/01/15 | Watford County Qualifier Open Meet | Watford | Watford SC | 3 |
| 2:11.90 | 427 | F | 15/03/15 | Hertfordshire County Championships | Borehamwood | Watford SC | 2 |
| 2:12.10 | 425 | F | 09/11/16 | Watford 200 Club Champs | Watford | Watford SC | 4 |
| 2:12.56 | 421 | H | 23/11/14 | BG Para-Swimming Championships | Manchester | East Region | 2 |
| 2:13.16 | 415 | F | 02/12/18 | City Of St Albans Open Meet Winter 2018 | St Albans | Watford SC | 3 |

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|---------|-----|---|----------|--|----------------------|------------|---|
| 2:13.16 | 415 | F | 02/12/16 | City Of St Albans Open Meet Winter 2016 | St Albans | Watford SC | 3 |
| 2:14.17 | 406 | F | 28/01/17 | Herts County Champs & Age Group Champs | Borehamwood | Watford SC | 2 |
| 2:14.43 | 403 | F | 18/10/14 | Hemel Hempstead SC 101st Birthday Open | Hemel Hempstead | Watford SC | 3 |
| 2:14.55 | 402 | F | 18/10/17 | Watford Club Championships 2017 | Woodside LC | Watford SC | 4 |
| 2:15.00 | 398 | F | 28/06/14 | WSC Terry Davies Alternative Nationals | Watford | Watford SC | 3 |
| 2:15.38 | 395 | H | 21/10/18 | Team Luton Autumn Short Course Meet 2018 | Inspire Luton Sports | Watford SC | 3 |
| 2:15.47 | 394 | F | 01/10/14 | Watford SC Club Championships Distance 2014 | Watford | Watford SC | 4 |
| 2:15.64 | 393 | F | 03/03/18 | Watford Regional Qualifier | Watford | Watford SC | 3 |
| 2:16.99 | 381 | F | 29/06/13 | Watford SC Alternative Nationals Open Meet | Watford | Watford SC | 3 |
| 2:17.99 | 373 | H | 05/10/14 | London Region Disability Swimming Champs | London | Watford SC | 3 |
| 2:19.21 | 363 | F | 02/10/13 | Watford SC Club Champs Middle Distance | Watford | Watford SC | 4 |
| 2:19.99 | 357 | F | 19/01/14 | Watford County Qualifier Open Meet | Watford | Watford SC | 3 |
| 2:20.56 | 353 | H | 25/05/14 | 8th ASA East Region Disability Swimming Champs | newmarket | Watford SC | 2 |
| 2:20.89 | 350 | F | 20/10/13 | Hemel Hempstead 100th Birthday Open Meet | Hemel Hempstead | Watford SC | 3 |
| 2:21.98 | 342 | F | 01/02/14 | Hatfield Valentines Meet | Hertfordshire | Watford SC | 3 |
| 2:23.40 | 332 | F | 24/11/13 | Watford Middle Distance & 50m Sprint Open | Watford | Watford SC | 3 |
| 2:23.58 | 331 | | 12/05/13 | Barnet Cophthall SC Kate Lack Trophy Meet | Hendon | Watford SC | 3 |
| 2:25.59 | 317 | F | 20/01/13 | Watford County Qualifier Open Meet | Watford | Watford SC | 3 |
| 2:26.54 | 311 | H | 01/03/14 | DSE National Junior & Youth Championships | Sheffield | Watford SC | 2 |
| 2:27.17 | 307 | F | 11/10/12 | Watford SC Club Championships 2012 | Watford | Watford SC | 4 |
| 2:28.36 | 300 | F | 25/11/12 | Watford SC Middle Distance & 50m Sprint | Watford | Watford SC | 3 |
| 2:31.23 | 283 | F | 30/06/12 | WSC Alternative Nationals | Watford | Watford SC | 3 |
| 2:34.32 | 266 | H | 21/04/12 | Team Luton SC Short Course Open Meet | Watford | Watford SC | 3 |
| 2:45.18 | 217 | F | 14/10/11 | Watford Club Championships | Watford | Watford SC | 4 |
| 3:25.57 | 112 | | 06/10/10 | Watford Club Champs | Watford | Watford SC | 4 |
| 3:26.65 | 111 | | 04/09/10 | Hoddesdon Open Meet | Enfield | Watford SC | 4 |

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