

Individual Best Times (All Time)

Emma Pomfret - (848617) - Blackpool Aquatics ASC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.35	306	H	02/10/16	North Lancs L2 Age Groups & Champs	Blackpool	Blackpool Aq	2
2:58.15	297	H	11/06/16	Preston Summer Spectacular 2016 Open Meet	Darwen	Blackpool Aq	3
3:08.24	252	H	13/12/15	Blackpool Aquatics Club Championships 2015	Blackpool	Blackpool Aq	4
3:14.22	229	H	17/05/15	Wigan SC - Starter Meet	Wigan	Blackpool Aq	3
3:17.83	217	H	26/09/15	North Lancashire Level 2 Meet	Blackpool	Blackpool Aq	2
3:26.50	191	H	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	Blackpool Aq	2
3:28.21	186	H	28/09/14	Blackpool Lights 2014	Blackpool		3
3:33.64	172	H	07/12/14	Blackpool Club Champs	Blackpool		4
3:37.35	163	H	24/05/14	Blackpool Rocks Level 3 Open Meet	Blackpool		3
3:37.78	162	H	13/07/14	Preston SC Guild Summer Spectacular	Darwen		3

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