Individual Best Times (All Time)

Abby-Louise Rocky - (845867) - Worthing Swimming Club - 50 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|----------------|-----------------|-------|
| 38.00 | 416 | F | 18/07/15 | Mid Sussex Marlins 2015 Club Championships | Burgess Hill | Mid Sussex | 4 |
| 38.52 | 399 | F | 20/07/14 | Mid Sussex Marlins Club Championships | Haywards Heath | Mid Sussex | 4 |
| 38.56 | 398 | F | 13/09/14 | Ken Deeley 50m Sprint Meet | Brighton | Mid Sussex | 3 |
| 38.63 | 396 | F | 25/01/15 | Cranleigh January Open Meet 2015 | Cranleigh | Mid Sussex | 3 |
| 39.02 | 384 | F | 24/01/16 | Mid Sussex Marlins New Year Time Trial 2016 | Burgess Hill | Mid Sussex | 4 |
| 41.25 | 325 | F | 20/09/13 | Crawley SC Time Trials 2013 | Crawley | Mid Sussex | 4 |
| 41.67 | 315 | F | 15/02/13 | Crawley SC Time Trials | Crawley | Mid Sussex | 4 |
| 41.71 | 314 | F | 28/06/13 | Crawley SC Time Trials 2013 | Crawley | Mid Sussex | 4 |
| 41.86 | 311 | F | 19/01/13 | Sussex Seahawks Development Meet | Brighton | Mid Sussex | 4 |
| 42.38 | 299 | F | 15/11/12 | Mid Sussex Marlins Squad Championships | Burgess Hill | Mid Sussex | 4 |
| 42.77 | 291 | | 06/01/13 | Littlehampton SC Splash into 2013 | Feltham | Mid Sussex | 3 |

Swims in Date Order

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