

Individual Best Times (All Time)

Abby-Louise Rocky - (845867) - Worthing Swimming Club - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:11.57	409	F	08/12/14	Mid Sussex Marlins Club Champs 400m events	Burgess Hill	Mid Sussex	4
5:16.31	391	F	24/11/12	Atlantis Christmas Cracker Open Meet	Horsham	Mid Sussex	3
5:19.76	378	F	08/06/13	Mid Sussex Marlins 2013 200m 400m Club Champs	Burgess Hill	Mid Sussex	4
5:19.79	378	F	28/06/12	Mid Sussex Marlins 2012 Squad Champs	Sussex	Mid Sussex	4

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