

# Individual Best Times (All Time)

Abby-Louise Rocky - (845867) - Worthing Swimming Club - 400 Individual Medley - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:56.31	383	F	08/12/14	Mid Sussex Marlins Club Champs 400m events	Burgess Hill	Mid Sussex	4

## Swims in Date Order

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