

Individual Best Times (All Time)

Aoife Marley - (844570) - Witham Dolphins SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.58	608	F	19/01/19	Essex Age Group Champs 2019	Basildon	Witham Dolph	2
1:13.75	604	F	19/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
1:14.02	597	H	19/01/19	Essex Age Group Champs 2019	Basildon	Witham Dolph	2
1:14.12	595	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:14.14	595	F	20/10/18	Essex Senior Winter Champs 2018	Basildon	Witham Dolph	2
1:14.15	594	H	09/07/22	Romford Town SC End of Season Meet July 2022	Essex	Birm'ham Uni	3
1:14.24	592	F	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Luton	DunmowAtlant	3
1:14.33	590	H	19/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
1:14.42	588	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
1:14.55	585	H	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	Witham Dolph	2
1:14.73	581	F	13/10/19	NUEL Early County Qualifier Open Meet 2019	London Aquatic Ctr	Witham Dolph	3
1:14.98	575	F	10/11/18	The NASL - London - Rounds 2018 - Div 1 & 2	Becontree	DunmowAtlant	3
1:15.04	573	H	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
1:15.10	572	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Witham Dolph	2
1:15.27	568	H	05/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Birm'ham Uni	2
1:15.44	564	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:15.70	559	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:15.80	556	F	08/12/18	The NASL - London - Rounds 2018 - Div 1 & 2	Becontree	DunmowAtlant	3
1:15.96	553	F	24/11/19	WDSC Winter Champs 2019	Witham	Witham Dolph	4
1:16.00	552	H	03/11/18	Swim England East Region Short Course Championship	Luton	Witham Dolph	2
1:16.03	551	H	20/11/22	BUCS Short Course 2022-23	Sheffield		2
1:16.51	541	F	03/12/17	Witham Dolphins Club Championships	Witham		4
1:16.66	538	F	16/12/18	Witham Dolphins Winter Club Championships	Witham		4
1:16.70	537	H	30/09/18	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Witham Dolph	2
1:16.72	537	H	16/10/22	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
1:16.81	535	F	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
1:16.88	534	H	17/10/21	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2

1:16.36	551	H	17/10/21	City of Birmingham Winter Open Meet	Birmingham	Birmingham Uni	
1:17.38	523	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:17.44	522	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Witham Dolph	2
1:17.52	520	H	05/11/16	East Swimming 2016 SC Championships	Luton	Witham Dolph	2
1:17.53	520	H	19/06/21	The University of Birmingham	Sport and Fitness Ce	Birm'ham Uni	0
1:17.66	517	F	13/11/16	Witham Dolphins Winter Club Champs	Witham		4
1:18.18	507	H	24/09/17	Epping Forest District Season Opener Gala 2017	Loughton	Witham Dolph	3
1:18.58	499	F	02/10/16	LBRS Early Chance October Meet	Ilford		3
1:19.81	477	H	24/09/16	BPSC Season Opener	Basildon	Witham Dolph	2
1:22.06	438	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon	Witham Dolph	2
1:22.73	428	F	03/10/15	UEA City of Norwich SC Halloween Howler 2015	Norwich		2
1:22.83	426	H	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Witham Dolph	3
1:24.27	405	H	12/04/15	Halstead 6th Short Course Open Meet	Braintree	Witham Dolph	3
1:25.67	385	H	31/01/15	Essex County Age Group Championships 2015	Southend	Witham Dolph	2
1:25.92	382	H	10/05/15	Braintree & Bocking SC Spring Festival Open Meet	Braintree	Witham Dolph	3
1:27.05	367	F	31/01/15	Essex County Age Group Championships 2015	Southend	Witham Dolph	2
1:30.32	329	H	22/11/14	Harlow Penguins Winter Open Meet	Harlow	Witham Dolph	3
1:30.95	322	F	15/11/14	Witham Dolphins Club Championships	Witham		3
1:31.57	315	H	18/04/15	Essex & Regional Qualifier	Thurrock	Witham Dolph	3
1:31.59	315	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree	Witham Dolph	3
1:37.47	261	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich		3
1:38.08	257	H	14/04/13	Halstead 4th SC Open Meet	Braintree	Witham Dolph	3
1:38.16	256	H	13/04/14	Halstead 5th Annual Open Meet	Halstead	Witham Dolph	3
1:38.72	252	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	Witham Dolph	3
1:39.94	242	F	20/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	Witham Dolph	3
1:40.35	239		15/09/13	Epping Forest District SC Season Opener	Loughton	Witham Dolph	3
1:41.38	232	H	07/07/13	Colchester Open Meet	Colchester	Witham Dolph	3
1:42.09	227	F	20/10/13	Witham Dolphins Winter Club Championships	Witham	Witham Dolph	4
1:44.55	212	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Witham Dolph	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.03	551	H	20/11/22	BUCS Short Course 2022-23	Sheffield		2
1:15.27	568	H	05/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Birm'ham Uni	2
1:16.72	537	H	16/10/22	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
1:14.15	594	H	09/07/22	Romford Town SC End of Season Meet July 2022	Essex	Birm'ham Uni	3
1:14.42	588	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
1:16.81	535	F	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
1:15.04	573	H	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
1:16.98	531	H	17/10/21	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
1:17.53	520	H	19/06/21	The University of Birmingham	Sport and Fitness Ce	Birm'ham Uni	0
1:15.96	553	F	24/11/19	WDSC Winter Champs 2019	Witham	Witham Dolph	4
1:14.55	585	H	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	Witham Dolph	2
1:13.75	604	F	19/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
1:14.33	590	H	19/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
1:14.73	581	F	13/10/19	NUEL Early County Qualifier Open Meet 2019	London Aquatic Ctr	Witham Dolph	3
1:13.58	608	F	19/01/19	Essex Age Group Champs 2019	Basildon	Witham Dolph	2
1:14.02	597	H	19/01/19	Essex Age Group Champs 2019	Basildon	Witham Dolph	2
1:16.66	538	F	16/12/18	Witham Dolphins Winter Club Championships	Witham		4
1:15.80	556	F	08/12/18	The NASL - London - Rounds 2018 - Div 1 & 2	Becontree	DunmowAtlant	3
1:14.98	575	F	10/11/18	The NASL - London - Rounds 2018 - Div 1 & 2	Becontree	DunmowAtlant	3
1:16.00	552	H	03/11/18	Swim England East Region Short Course Championship	Luton	Witham Dolph	2
1:14.14	595	F	20/10/18	Essex Senior Winter Champs 2018	Basildon	Witham Dolph	2

1:15.10	572	H	20/10/18	Essex Senior Winter Champs 2018	Basildon	Witham Dolph	2
1:14.24	592	F	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Luton	DunmowAtlant	3
1:16.70	537	H	30/09/18	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Witham Dolph	2
1:15.70	559	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:14.12	595	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:16.51	541	F	03/12/17	Witham Dolphins Club Championships	Witham		4
1:17.38	523	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:15.44	564	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Becontree	DunmowAtlant	3
1:18.18	507	H	24/09/17	Epping Forest District Season Opener Gala 2017	Loughton	Witham Dolph	3
1:17.66	517	F	13/11/16	Witham Dolphins Winter Club Champs	Witham		4
1:17.52	520	H	05/11/16	East Swimming 2016 SC Championships	Luton	Witham Dolph	2
1:17.44	522	H	29/10/16	Essex Senior Winter Championships 2016	Basildon	Witham Dolph	2
1:18.58	499	F	02/10/16	LBRS Early Chance October Meet	Ilford		3
1:19.81	477	H	24/09/16	BPSC Season Opener	Basildon	Witham Dolph	2
1:22.06	438	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon	Witham Dolph	2
1:22.73	428	F	03/10/15	UEA City of Norwich SC Halloween Howler 2015	Norwich		2
1:22.83	426	H	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Witham Dolph	3
1:25.92	382	H	10/05/15	Braintree & Bocking SC Spring Festival Open Meet	Braintree	Witham Dolph	3
1:31.57	315	H	18/04/15	Essex & Regional Qualifier	Thurrock	Witham Dolph	3
1:24.27	405	H	12/04/15	Halstead 6th Short Course Open Meet	Braintree	Witham Dolph	3
1:27.05	367	F	31/01/15	Essex County Age Group Championships 2015	Southend	Witham Dolph	2
1:25.67	385	H	31/01/15	Essex County Age Group Championships 2015	Southend	Witham Dolph	2
1:31.59	315	H	07/12/14	Braintree & Bocking Christmas 2014	Braintree	Witham Dolph	3
1:30.32	329	H	22/11/14	Harlow Penguins Winter Open Meet	Harlow	Witham Dolph	3
1:30.95	322	F	15/11/14	Witham Dolphins Club Championships	Witham		3
1:37.47	261	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich		3
1:38.72	252	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	Witham Dolph	3
1:38.16	256	H	13/04/14	Halstead 5th Annual Open Meet	Halstead	Witham Dolph	3
1:42.09	227	F	20/10/13	Witham Dolphins Winter Club Championships	Witham	Witham Dolph	4
1:40.35	239		15/09/13	Epping Forest District SC Season Opener	Loughton	Witham Dolph	3
1:41.38	232	H	07/07/13	Colchester Open Meet	Colchester	Witham Dolph	3
1:39.94	242	F	20/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	Witham Dolph	3
1:38.08	257	H	14/04/13	Halstead 4th SC Open Meet	Braintree	Witham Dolph	3
1:44.55	212	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Witham Dolph	3