Individual Best Times (All Time)

Aoife Marley - (844570) - Witham Dolphins SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.94	584	Н	04/12/21	Swim England National Winter Championships (25m)	Sheffield	Birm'ham Uni	2
34.08	576	Н	20/11/21	BUCS Short Course Swimming	Sheffield		2
34.32	564	F	20/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
34.38	561	Н	20/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
34.41	560	Н	19/11/22	BUCS Short Course 2022-23	Sheffield		2
34.43	559	Н	21/10/18	Essex Senior Winter Champs 2018	Basildon	Witham Dolph	2
34.47	557	Н	06/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Birm'ham Uni	2
34.57	552	Н	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	Witham Dolph	2
34.63	549	F	21/10/18	Essex Senior Winter Champs 2018	Basildon	Witham Dolph	2
34.78	542	Н	10/07/22	Romford Town SC End of Season Meet July 2022	Essex	Birm'ham Uni	3
34.80	541	Н	04/11/18	Swim England East Region Short Course Championship	Luton	Witham Dolph	2
34.80	541	Н	16/10/21	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
34.81	541	Н	29/09/18	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Witham Dolph	2
34.86	539	Н	22/07/18	BPSC End Of Season Meet 2018	Basildon	Witham Dolph	3
34.92	536	F	29/09/18	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Witham Dolph	2
34.92	536	Н	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
34.97	533	F	20/11/21	BUCS Short Course Swimming	Sheffield		2
35.12	527	F	18/03/18	Team Ipswich March Open 2018	Ipswich		3
35.15	525	Н	19/06/21	The University of Birmingham	Sport and Fitness Ce	Birm'ham Uni	0
35.28	519	F	02/06/19	WDSC Summer Invitational Meet 2019	Witham LC	Witham Dolph	4
35.31	518	F	07/10/17	Bor Redbridge Early County Qual Meet Oct 2017	llford		3
35.37	516	F	24/06/18	Witham Dolphins Summer Club Championships 2018	WITHAM		4
35.50	510	F	25/06/16	Witham Dolphins Invitation Meet	Braintree		4
35.52	509	Н	15/10/22	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
35.52	509	F	29/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
35.69	502	F	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
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36.00	489	Н	30/10/16	Essex Senior Winter Championships 2016	Basildon	Witham Dolph	2
36.16	482	Н	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	Witham Dolph	3
36.57	466	Н	08/11/15	ASA East Region Winter Championships 2015	Luton	Witham Dolph	2
37.31	439	Н	25/10/15	Essex Senior Short Course Championships 2015	Basildon	Witham Dolph	2
38.16	410	F	03/10/15	UEA City of Norwich SC Halloween Howler 2015	Norwich		2
38.26	407	F	18/01/15	Essex County Age Group Championships 2015	Basildon	Witham Dolph	2
38.38	403	Н	21/06/15	Colchester 2nd Midsummer Madness Open Meet	Colchester	Witham Dolph	3
38.41	402	Н	18/01/15	Essex County Age Group Championships 2015	Basildon	Witham Dolph	2
39.06	383	Н	10/05/15	Braintree & Bocking SC Spring Festival Open Meet	Braintree	Witham Dolph	3
39.27	377	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich		3
39.29	376	Н	30/11/14	Essex Senior Junior Championships	Basildon	Witham Dolph	2
39.37	374	Н	04/01/15	Basildon & Phoenix Winter Meet	Basildon	Witham Dolph	2
39.70	364	Н	07/12/14	Braintree & Bocking Christmas 2014	Braintree	Witham Dolph	3
40.99	331	F	19/10/14	Witham Dolphins SC Closed Meet	Braintree		3
42.74	292	Н	16/02/14	Essex County Age Groups Championships	Basildon	Witham Dolph	2
42.82	290	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	Witham Dolph	3
43.03	286		11/01/14	Sudbury & District January Time Trials	Sudbury	Witham Dolph	3
43.31	281	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich		3
44.86	252	Н	13/04/14	Halstead 5th Annual Open Meet	Halstead	Witham Dolph	3
44.87	252	F	15/06/14	Witham Dolphins Club Swimming Champs	Witham	Witham Dolph	4
46.24	230	F	03/11/13	Teamipswich Swimming November Open Meet	lpswich	Witham Dolph	3
47.27	216	F	27/10/13	Witham Dolphins Winter Club Championships	Witham	Witham Dolph	4
47.57	212	F	08/06/13	Witham Dolphins SC Club Summer Championships	Witham	Witham Dolph	4
47.63	211	Н	14/04/13	Halstead 4th SC Open Meet	Braintree	Witham Dolph	3
47.74	209	Н	28/09/13	Basildon & Phoenix Early Season Taster	Basildon	Witham Dolph	3
48.58	199	Н	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Witham Dolph	3
49.70	185	F	07/12/12	Witham Dolphin SC Winter Club Championship	Witham	Witham Dolph	4
49.96	183	F	02/12/12	Newmarket & District SC Open Meet	Newmarket	Witham Dolph	3
50.31	179	F	14/12/12	Witham Dolphin SC Winter Club Championship	Witham	Witham Dolph	4
51.27	169	Н	17/06/12	Braintree & Bocking Summer Sprint Meet	Braintree	Witham Dolph	4
51.76	164	Н	30/06/12	Colchester SC Open Meet	Colchester	Witham Dolph	3
53.94	145	Н	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	Witham Dolph	3
54.74	139	Н	14/01/12	Thurrock Last Chance County Qualifier	Thurrock	Witham Dolph	3
54.75	139		13/11/11	Epping Forest District November Gala	Loughton	Witham Dolph	3
55.58	132	Н	17/04/11	Halstead 2nd Short Course Open Meet	Braintree	Witham Dolph	3
56.25	128	Н	10/07/11	teamipswich Summer Sprints	Ipswich	Witham Dolph	3
1:00.28	104	F	18/06/11	Witham Dolphins Club Championships	Witham	Witham Dolph	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.41	560	Н	19/11/22	BUCS Short Course 2022-23	Sheffield		2
34.47	557	Н	06/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Birm'ham Uni	2
35.52	509	F	29/10/22	Teamipswich Swimming Club Spooktacular Open Meet	lpswich		3
35.52	509	Н	15/10/22	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
34.78	542	Н	10/07/22	Romford Town SC End of Season Meet July 2022	Essex	Birm'ham Uni	3
33.94	584	Н	04/12/21	Swim England National Winter Championships (25m)	Sheffield	Birm'ham Uni	2
34.97	533	F	20/11/21	BUCS Short Course Swimming	Sheffield		2
34.08	576	Н	20/11/21	BUCS Short Course Swimming	Sheffield		2
35.69	502	F	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
34.92	536	Н	06/11/21	Swim England West Midlands Regional	Coventry	Birm'ham Uni	2
34.80	541	Н	16/10/21	City of Birmingham Winter Open Meet	Birmingham	Birm'ham Uni	2
35.15	525	Н	19/06/21	The University of Birmingham	Sport and Fitness Ce	Birm'ham Uni	0
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34.57	552	Н	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	Witham Dolph	
34.32	564	F	20/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
34.38	561	Н	20/10/19	Essex Senior Winter Champs	Basildon	Witham Dolph	2
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35.12	527	F	18/03/18	Team Ipswich March Open 2018	Ipswich		3
35.31	518	F	07/10/17	Bor Redbridge Early County Qual Meet Oct 2017	llford		3
35.93	492	Н	06/11/16	East Swimming 2016 SC Championships	Luton	Witham Dolph	2
36.00	489	Н	30/10/16	Essex Senior Winter Championships 2016	Basildon	Witham Dolph	2
35.50	510	F	25/06/16	Witham Dolphins Invitation Meet	Braintree		4
36.16	482	Н	19/06/16	Colchester 3rd Midsummer Madness Meet 2016	Colchester	Witham Dolph	3
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47.63	211	н	14/04/13	Halstead 4th SC Open Meet	Braintree	Witham Dolph	3
50.31	179	F	14/12/12	Witham Dolphin SC Winter Club Championship	Witham	Witham Dolph	4
49.70	185	F	07/12/12	Witham Dolphin SC Winter Club Championship	Witham	Witham Dolph	4
49.96	183	F	02/12/12	Newmarket & District SC Open Meet	Newmarket	Witham Dolph	3
48.58		Н	27/10/12	·	Basildon		3
	199			Basildon & Phoenix Autumn SC Meet		Withow Dolph	
51.76	164	Н	30/06/12	Colchester SC Open Meet	Colchester	Withom Dolph	3
51.27	169	Н	17/06/12	Braintree & Bocking Summer Sprint Meet	Braintree	Witham Dolph	4
53.94	145	Н	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	Withom Dolph	3
54.74	139	Н	14/01/12	Thurrock Last Chance County Qualifier	Thurrock	Witham Dolph	3
54.75	139		13/11/11	Epping Forest District November Gala	Loughton	Withow Dolph	3
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