Individual Best Times (All Time)

Aoife Marley - (844570) - Witham Dolphins SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| et Witham Mampionships Witham Inships Witham Mamps Witham 015 Ipswich een Howler 2015 Norwich | 3 |
|--|------------------|
| nampionships Witham nships Witham namps Witham 015 Ipswich | 4 4 4 3 |
| nships Witham namps Witham 015 Ipswich | 4 4 3 |
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| 015 Ipswich | 3 |
| | |
| en Howler 2015 Norwich | 2 |
| | |
| 2015 Ipswich | 3 |
| Dpen Meet Ipswich | 3 |
| Open Ipswich | Witham Dolph 3 |
| nampionships Witham | Witham Dolph 4 |
| Braintree | e Witham Dolph 3 |
| | 3 |
| nships Witham | Witham Dolph 3 |
| Trials Witham | Withdam Bolph |
| | onships Witham |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------------------------|----------|-------|----------|--|---------|------------------|-------------|
| 1:11.45 | 453 | F | 24/11/19 | WDSC Winter Champs 2019 | Witham | Witham Dolph | 4 |
| 1:13.44 | 417 | F | 16/12/18 | Witham Dolphins Winter Club Championships | Witham | | 4 |
| 1:13.97 | 408 | F | 03/12/17 | Witham Dolphins Club Championships | Witham | | 4 |
| 1:16.89 | 363 | F | 13/11/16 | Witham Dolphins Winter Club Champs | Witham | | 4 |
| 1:20.17 | 320 | F | 21/11/15 | Teamipswich November Open 2015 | Ipswich | | 3 |
| 1:21.73 | 302 | F | 03/10/15 | UEA City of Norwich SC Halloween Howler 2015 | Norwich | | 2 |
| 1:21.85 | 301 | F | 12/07/15 | Teamipswich July Surprize Open 2015 | Ipswich | | 3 |
| 1:32.56 | 208 | F | 15/11/14 | Witham Dolphins Club Championships | Witham | | 3 |
| 1:25.72 pyright 2024 | 262 4 | F | 28/09/14 | Teamipswich SC Early Season Open Meet | lpswich | Powered By SPORT | 3 SYSTEN |

| 1:28.76 | 236 | F | 13/07/14 | Teamipswich SC July Surprize Open | Ipswich | Witham Dolph | 3 |
|---------|-----|---|----------|--|-----------|--------------|---|
| 1:33.40 | 202 | | 11/01/14 | Sudbury & District January Time Trials | Sudbury | Witham Dolph | 3 |
| 1:30.43 | 223 | F | 20/10/13 | Witham Dolphins Winter Club Championships | Witham | Witham Dolph | 4 |
| 1:31.00 | 219 | Н | 14/04/13 | Halstead 4th SC Open Meet | Braintree | Witham Dolph | 3 |
| 1:37.25 | 179 | F | 07/12/12 | Witham Dolphin SC Winter Club Championship | Witham | Witham Dolph | 4 |
| | | | | | | | |

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