

Individual Best Times (All Time)

Kira Gilmore - (844029) - Cockermouth SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------|-----------------|-------|
| 3:21.18 | 206 | F | 29/09/15 | Cockermouth SC Club Championships | Cockermouth | Cockermouth | 4 |
| 3:28.22 | 186 | H | 25/01/15 | 2015 Cumbria Winter Meet | Workington | Cockermouth | 3 |
| 3:33.47 | 172 | H | 10/03/13 | Cumbria Age Group & County Championships | Kendal | Cockermouth | 2 |
| 3:33.48 | 172 | H | 09/03/14 | Cumbrian Age Groups and County Champs | Kendal | Cockermouth | 2 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------|-----------------|-------|
| 3:21.18 | 206 | F | 29/09/15 | Cockermouth SC Club Championships | Cockermouth | Cockermouth | 4 |
| 3:28.22 | 186 | H | 25/01/15 | 2015 Cumbria Winter Meet | Workington | Cockermouth | 3 |
| 3:33.48 | 172 | H | 09/03/14 | Cumbrian Age Groups and County Champs | Kendal | Cockermouth | 2 |
| 3:33.47 | 172 | H | 10/03/13 | Cumbria Age Group & County Championships | Kendal | Cockermouth | 2 |