Individual Best Times (All Time)

Kira Gilmore - (844029) - Cockermouth SC - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-------------|-----------------|-------|
| 43.47 | 195 | Н | 09/05/15 | Copeland ASC 21th Bill & Monica Griffin Gala | Whitehaven | Cockermouth | 3 |
| 44.72 | 180 | Н | 20/09/14 | Rotherham Metro A&B Grade Meet | Sheffield | Cockermouth | 3 |
| 45.27 | 173 | Н | 24/01/15 | 2015 Cumbria Winter Meet | Workington | Cockermouth | 3 |
| 45.77 | 167 | F | 29/09/15 | Cockermouth SC Club Championships | Cockermouth | Cockermouth | 4 |
| 47.07 | 154 | Н | 25/01/14 | 2014 Cumbria Winter Meet | Whitehaven | Cockermouth | 3 |
| 50.64 | 123 | Н | 03/11/12 | 2012 Cumbrian Autumn Graded Series | Workington | Cockermouth | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-------------|-----------------|-------|
| 45.77 | 167 | F | 29/09/15 | Cockermouth SC Club Championships | Cockermouth | Cockermouth | 4 |
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