

Individual Best Times (All Time)

Nathaniel Harries - (842860) - Neath ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.47	402	F	18/03/18	Wrexham Crystal Meet 2018	Wrexham	Denbigh D	3
1:05.92	394	H	03/02/18	SW North Regional Championships	Llandudno	Denbigh D	2
1:06.29	387	F	26/11/16	Swim Wales West Sub Regional Championships	Wales	Carmarthen	3
1:06.40	385	F	29/11/15	Swim Wales West Region Sub Regional Championships	Haverfordwest	Carmarthen	3
1:07.13	373	F	11/12/16	Carmarthen Christmas Open Meet	Carmarthen	Carmarthen	2
1:11.46	309	F	24/05/15	Amman Valley Open Meet 2015	Carmarthen	Carmarthen	2
1:17.01	247	F	05/10/14	Llanelli Autumn Meet 2014	Llanelli	Carmarthen	4
1:17.01	247	F	05/10/14	Llanelli Open Meet 2015	Llanelli	Carmarthen	2
1:23.03	197	F	02/06/13	Amman Valley Open Meet 2013	Llanelli	Carmarthen	2
1:23.79	191	F	05/10/13	Llanelli Autumn Meet 2013	Llanelli	Carmarthen	4
1:24.94	184	H	10/02/13	West Wales Championships	Haverfordwest	Carmarthen	2
1:25.12	183	H	03/03/13	Llanelli Open Meet 2013	Llanelli	Carmarthen	2
1:26.11	176	F	10/02/13	West Wales Championships	Haverfordwest	Carmarthen	2
1:27.18	170	H	12/02/12	West Wales Regional Championships	Haverfordwest	Carmarthen	2
1:27.80	166	F	16/06/12	West Wales Junior Development Meet	Penlan	Carmarthen	4
1:28.27	164	F	06/10/12	Llanelli ASC Autumn Meet 2012	Llanelli	Carmarthen	4
1:29.63	156	F	01/07/12	Carmarthen Club Championships 2012	Llanelli	Carmarthen	4
1:34.99	131	F	01/10/11	Llanelli Autumn Meet 2011	Llanelli	Carmarthen	4
1:39.72	113	F	11/06/11	Amman Valley Open Meet	Llanelli	Carmarthen	2

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