

Individual Best Times (All Time)

Laurence Metcalfe - (842110) - Keynsham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.57	406	F	01/03/15	Somerset ASA Championships	Millfield	Keynsham	2
4:47.76	401	F	09/03/14	Somerset County Championships	Millfield	Keynsham	2
4:56.50	366	H	26/01/14	Swindon Dolphin Last Chance Meet	Swindon	Keynsham	3
5:32.43	260	F	17/02/13	Somerset ASA County Championships	Millfield	Keynsham	2
5:33.95	256	H	30/03/13	Weston-Super-Mare SC 11th Easter Open Meet	Weston	Keynsham	3
5:34.34	255		13/01/13	Barnet Cophall SC MDD Meet	Hendon	Keynsham	3

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