

Individual Best Times (All Time)

Laurence Metcalfe - (842110) - Keynsham SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 5:33.01 | 350 | F | 16/03/14 | Somerset County Championships | Millfield | Keynsham | 2 |
| 6:11.18 | 253 | F | 16/12/12 | Yeovil & District 2012 Christmas Open Meet | Millfield | Keynsham | 3 |
| 6:12.41 | 250 | F | 03/03/13 | Somerset County Championships | Millfield | Keynsham | 2 |
| 6:19.84 | 236 | | 13/01/13 | Barnet Cophall SC MDD Meet | Hendon | Keynsham | 3 |

Swims in Date Order

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|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 5:33.01 | 350 | F | 16/03/14 | Somerset County Championships | Millfield | Keynsham | 2 |
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| 6:19.84 | 236 | | 13/01/13 | Barnet Cophall SC MDD Meet | Hendon | Keynsham | 3 |
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