Individual Best Times (All Time)

Laurence Metcalfe - (842110) - Keynsham SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------------|-----------------|-------|
| 2:26.01 | 423 | F | 17/10/15 | GCSC Level 2 October Meet | Gloucester | Co Bristol | 2 |
| 2:29.08 | 397 | F | 04/05/14 | City of Newport Spring Open Meet | Newport | Keynsham | 2 |
| 2:33.97 | 360 | F | 28/11/15 | Keynsham ASC Club Championships | Keynsham | Keynsham | 4 |
| 2:34.17 | 359 | F | 23/03/14 | Somerset County Championships | Millfield | Keynsham | 2 |
| 2:47.31 | 281 | Н | 30/03/13 | Weston-Super-Mare SC 11th Easter Open Meet | Weston | Keynsham | 3 |
| 2:48.30 | 276 | | 06/04/13 | Swim Bournmouth 3rd Annual Open Meet | Littledown | Keynsham | 2 |
| 2:51.85 | 259 | F | 10/03/13 | Somerset County Championships | Millfield | Keynsham | 2 |
| 2:57.45 | 235 | F | 07/10/12 | Somerset ASA Annual Developement Meet | Millfield | Keynsham | 3 |
| 3:09.20 | 194 | F | 27/05/12 | Southwold SC May Meet | Hutton Moor | Keynsham | 3 |
| 3:11.40 | 187 | Н | 07/04/12 | Weston SC 10th Easter Open Meet | Weston-Super-Mare | Keynsham | 3 |

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