

Individual Best Times (All Time)

Laurence Metcalfe - (842110) - Keynsham SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:02.76	456	F	19/12/15	City of Bristol Level 2 Open Meet	Hengrove Park	Co Bristol	2
1:02.88	454	F	22/11/15	Aquae Sulis Grand Prix	Bristol	Co Bristol	2
1:03.24	446	F	27/01/16	Somerset ASA County Championships	Millfield	Keynsham	2
1:03.30	445	F	18/10/15	GCSC Level 2 October Meet	Gloucester	Co Bristol	2
1:03.43	442	H	27/01/16	Somerset ASA County Championships	Millfield	Keynsham	2
1:03.47	441	H	07/11/15	ASA South West Short Course Championships	Millfield		2
1:03.85	433	F	21/03/15	Somerset ASA Championships	Millfield	Keynsham	2
1:03.92	432	F	05/02/17	Somerset County Championships 2017	Millfield	Keynsham	2
1:04.49	420	F	08/10/17	Gloucester Autumn Meet	Gloucester	Keynsham	3
1:04.98	411	H	05/02/17	Somerset County Championships 2017	Millfield	Keynsham	2
1:05.30	405	H	21/03/15	Somerset ASA Championships	Millfield	Keynsham	2
1:05.48	402	F	26/11/16	Keynsham Club Championships 2016	Keynsham	Keynsham	4
1:05.50	401	H	09/03/14	Somerset County Championships	Millfield	Keynsham	2
1:05.77	396	F	02/12/17	Keynsham Club Championships 2017	Keynsham	Keynsham	4
1:05.78	396	H	06/12/14	ASA South West Short Course Championships	Millfield		4
1:07.02	375	F	18/10/14	Greater Gwent Fast Water Open Meet	Newport	Keynsham	2
1:08.39	352	F	06/10/13	Gloucester City SC Level 3 Open Meet	Gloucester	Keynsham	3
1:08.62	349	F	28/11/15	Keynsham ASC Club Championships	Keynsham	Keynsham	4
1:09.60	334	F	22/11/14	Keynsham Club Championships	Keynsham	Keynsham	4
1:12.56	295	H	22/11/14	Keynsham Club Championships	Keynsham	Keynsham	4
1:13.29	286	H	27/04/13	Tigersharks Spring Open Meet 2013	Swindon	Keynsham	3
1:14.16	276	H	17/02/13	Somerset ASA County Championships	Millfield	Keynsham	2
1:15.00	267		06/04/13	Swim Bournemouth 3rd Annual Open Meet	Littledown	Keynsham	2
1:15.04	267	H	30/03/13	Weston-Super-Mare SC 11th Easter Open Meet	Weston	Keynsham	3
1:15.96	257	F	16/12/12	Yeovil & District 2012 Christmas Open Meet	Millfield	Keynsham	3
1:21.59	207	F	08/07/12	Taunton Deane Level 3 Summer Meet	Taunton	Keynsham	3
1:26.00	176	F	07/05/10	Southwell SC May Meet	Utter Moor	Keynsham	2

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