

Individual Best Times (All Time)

Kaso Abbas Kareem - (838922) - Kingston Upon Hull SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.63	377	H	30/11/13	Chesterfield Happy Christmas Meet	Chesterfield	KingstonHull	3
4:56.53	366	H	15/06/13	Kingston Upon Hull SC Club Championships	Hull	KingstonHull	4
5:10.34	319	H	01/12/12	Chesterfield Happy Christmas Meet	Chesterfield	KingstonHull	3
5:18.15	296	H	16/06/12	Kingston Upon Hull Club Championships	Hull	KingstonHull	4
5:28.78	269	H	21/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	KingstonHull	3

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