

Individual Best Times (All Time)

Elli Johnstone - (836815) - Nofio Gwynedd Performance - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:15.12	328	F	06/11/16	John Sharp Club Championships Caernarfon	Llandudno	Caernarfon	3

Swims in Date Order

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