

Individual Best Times (All Time)

Craig Mellon - (836442) - Tranent ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:23.03	525	H	03/11/18	North District Open Championships 2018	Aberdeen	East Lothian	2
4:24.78	515	F	10/06/18	ELST Distance Meet	Mercat Gait	Tranent	2
4:26.24	506	F	24/11/18	East District Age Group Championships round 1	Michael Woods Centre	Tranent	2
4:32.30	473	F	25/11/17	EDAG 17 Round 1	Michael Woods Centre	Tranent	2
4:34.06	464	F	16/09/18	Haddington 100s Meet	Mercat Gait	Tranent	2
4:35.36	457	F	04/11/17	North District Open Championships 2017	Inverness	East Lothian	1
4:38.21	444	F	20/05/17	Swim West Lothian IM Tough 2017	West Lothian	East Lothian	2
4:39.22	439	F	17/09/17	Haddington 100s Meet	Haddington	Tranent	2
4:39.57	437	F	26/02/17	Hearts SNAGs Last Change Age Group Meet	West Lothian	East Lothian	2
4:44.14	416	F	11/06/17	ELST Distance Meet	Mercat Gait	Tranent	2
4:53.34	378	F	12/06/16	ELST Distance Meet 2016	Mercat Gait	Tranent	2
5:05.73	334	F	31/10/15	East District Age Group Championships	Glenrothes	Tranent	1
5:14.22	308	F	01/11/14	East District Age Group Championships	Fife	Tranent	2
5:27.01	273	F	22/06/14	East Lothian Distance Meet	Mercat Gait	Tranent	2
5:29.77	266		26/04/14	Midlothian Spring Meet	Presonpans	Tranent	2
5:44.59	233		02/11/13	East District Age Group Championships	Glenrothes	Tranent	1
5:45.19	232	F	10/11/13	East Lothian Distance Championships	Prestonpans	Tranent	2
5:50.13	222		05/10/13	SASA East Districts Time Trials	Prestonpans	Tranent	2
6:01.16	202	F	02/03/13	SASA East District Challenge	Bathgate	Tranent	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.24	506	F	24/11/18	East District Age Group Championships round 1	Michael Woods Centre	Tranent	2
4:23.03	525	H	03/11/18	North District Open Championships 2018	Aberdeen	East Lothian	2
4:34.06	464	F	16/09/18	Haddington 100s Meet	Mercat Gait	Tranent	2
4:24.78	515	F	10/06/18	ELST Distance Meet	Mercat Gait	Tranent	2

4:32.30	473	F	25/11/17	EDAG 17 Round 1	Michael Woods Centre	Tranent	2
4:35.36	457	F	04/11/17	North District Open Championships 2017	Inverness	East Lothian	1
4:39.22	439	F	17/09/17	Haddington 100s Meet	Haddington	Tranent	2
4:44.14	416	F	11/06/17	ELST Distance Meet	Mercat Gait	Tranent	2
4:38.21	444	F	20/05/17	Swim West Lothian IM Tough 2017	West Lothian	East Lothian	2
4:39.57	437	F	26/02/17	Hearts SNAGs Last Change Age Group Meet	West Lothian	East Lothian	2
4:53.34	378	F	12/06/16	ELST Distance Meet 2016	Mercat Gait	Tranent	2
5:05.73	334	F	31/10/15	East District Age Group Championships	Glenrothes	Tranent	1
5:14.22	308	F	01/11/14	East District Age Group Championships	Fife	Tranent	2
5:27.01	273	F	22/06/14	East Lothian Distance Meet	Mercat Gait	Tranent	2
5:29.77	266		26/04/14	Midlothian Spring Meet	Presonpans	Tranent	2
5:45.19	232	F	10/11/13	East Lothian Distance Championships	Prestonpans	Tranent	2
5:44.59	233		02/11/13	East District Age Group Championships	Glenrothes	Tranent	1
5:50.13	222		05/10/13	SASA East Districts Time Trials	Prestonpans	Tranent	2
6:01.16	202	F	02/03/13	SASA East District Challenge	Bathgate	Tranent	2