

Individual Best Times (All Time)

Katie Harrison - (836227) - Potters Bar SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|----------------|-----------------|-------|
| 3:06.06 | 378 | F | 18/06/17 | The Terry Davies Alternative Nationals | Watford | Potters Bar | 3 |
| 3:07.50 | 369 | F | 07/10/17 | Enfield Swim Squad Winter Regional Qualifier | Enfield | Potters Bar | 3 |
| 3:11.25 | 348 | H | 15/10/16 | Team Luton Autumn Short Course Meet | Luton | Potters Bar | 3 |
| 3:12.24 | 343 | F | 29/11/15 | Hitchin County Qualifier Open Meet 2015 | Borehamwood | Potters Bar | 3 |
| 3:12.55 | 341 | F | 20/12/14 | Hillingdon Winter Open Meet 2014 | Hillingdon | Potters Bar | 2 |
| 3:12.95 | 339 | F | 31/10/15 | Enfield Swim Squad County Qualifier | Enfield | Potters Bar | 3 |
| 3:13.86 | 334 | H | 20/11/16 | 4th Hoddesdon County Qualifier Open Meet | Borehamwood | Potters Bar | 3 |
| 3:13.93 | 334 | H | 10/05/14 | Braintree & Bocking Spring Festival | Braintree | Potters Bar | 3 |
| 3:14.78 | 329 | F | 30/11/14 | Hitchin Open Meet | Hitchin | Potters Bar | 3 |
| 3:15.13 | 327 | F | 13/12/15 | Hertsmere Flyers Last Chance County Qualifier | Borehamwood | Potters Bar | 3 |
| 3:15.31 | 327 | F | 12/03/16 | Potters Bar Spring Open Meet 2016 | Borehamwood | Potters Bar | 3 |
| 3:15.92 | 324 | F | 18/01/15 | 2nd Hoddesdon County Qualifier Open Meet | Borehamwood | Potters Bar | 3 |
| 3:17.99 | 313 | F | 14/03/15 | Hertfordshire County Championships | Borehamwood | Potters Bar | 2 |
| 3:18.28 | 312 | F | 26/03/16 | LBRSC Last Chance Regional Meet 2016 | Fullwell Cross | Potters Bar | 3 |
| 3:21.19 | 299 | F | 08/03/14 | Hertfordshire ASA County Championships | Borehamwood | Potters Bar | 2 |
| 3:22.42 | 293 | F | 24/11/13 | Hitchin Open Meet 2013 | Hitchin | Potters Bar | 3 |
| 3:23.17 | 290 | | 20/10/13 | Barnet Cophall 200m Meet | Hendon | Potters Bar | 3 |
| 3:25.21 | 282 | H | 01/12/13 | Nuneaton & Bedworth Winter Meet | Nuneaton | Potters Bar | 2 |
| 3:32.25 | 254 | F | 16/03/13 | Hertfordshire County Championships | Borehamwood | Potters Bar | 2 |
| 3:36.16 | 241 | | 20/07/13 | Romford Town SC 1st Qualifiers Meet | Southbury | Potters Bar | 3 |
| 3:37.45 | 237 | H | 11/05/13 | Braintree & Bocking Spring Festival Meet | Braintree | Potters Bar | 3 |
| 3:38.81 | 232 | F | 20/01/13 | Watford County Qualifier Open Meet | Watford | Potters Bar | 3 |
| 3:46.49 | 209 | F | 25/11/12 | Watford SC Middle Distance & 50m Sprint | Watford | Potters Bar | 3 |
| 3:53.00 | 192 | | 13/05/12 | Barnett Coptall SC Kate Lack Trophy Gala | Barnet | Potters Bar | 4 |
| 4:02.18 | 171 | F | 17/03/12 | Hertfordshire County Championships | Borehamwood | Potters Bar | 2 |
| 4:08.40 | 158 | F | 15/01/12 | Watford County Qualifier Meet | Watford | Potters Bar | 3 |
| 4:11.78 | 152 | F | 05/02/12 | Hertsmere Flyers Last Chance County Qualif | Barnet | Potters Bar | 4 |

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|---------|-----|---|----------|--|---------|-------------|---|
| 4:11.78 | 192 | F | 05/02/12 | Hertsmere Flyers Last Chance County Qualif | Barnet | Potters Bar | |
| 4:13.01 | 150 | F | 27/11/11 | Watford Middle Distance & Sprint Open | Watford | Potters Bar | 3 |

Swims in Date Order

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