

# Individual Best Times (All Time)

Liam McDougall - (835046) - Bellshill Sharks ASC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
55.81	518	H	29/10/16	2016 SASA West District SC SAG Championship	Glasgow	Bellshill	1
55.81	518	F	29/10/16	2016 SASA West District SC SAG Championship	Glasgow	Bellshill	1
56.19	508	F	07/11/15	Ren 96 Open Meet	Linwood	Bellshill	2
56.39	502	H	26/04/15	South Ayrshire Open Meet	South Ayrshire	Bellshill	2
56.47	500	H	15/11/15	SASA North District Grand Prix 2015	Inverness	Bellshill	1
56.53	499	H	25/10/15	Carnegie Winter Open Meet	Dunfermline		2
56.73	493	F	13/02/16	Sharks Open Meet	Bellshill	Bellshill	1
56.82	491	H	31/10/15	SASA West District SAG Championships	Grangemouth	Bellshill	1
56.91	489	F	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	Bellshill	2
56.91	489	H	07/11/15	Ren 96 Open Meet	Linwood	Bellshill	2
57.03	486	H	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth		1
57.03	486	F	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Bellshill	1
57.24	480	F	31/10/15	SASA West District SAG Championships	Grangemouth	Bellshill	1
57.27	479	F	08/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
57.36	477	H	08/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
57.74	468	F	11/02/17	Bellshill Sharks Open Meet 2017	Glasgow	Bellshill	2
57.85	465	F	01/11/14	SASA West District SAG Championships	Ayr	Bellshill	1
58.13	458		24/01/15	FIRST Open Meet	Bathgate	Bellshill	2
58.14	458	H	01/11/14	SASA West District SAG Championships	Ayr	Bellshill	1
58.55	449	F	14/02/15	Sharks Open Meet	Bellshill	Bellshill	2
58.67	446	F	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Bellshill	2
59.02	438	F	26/10/14	Carnegie Winter Meet	Glenrothes	Bellshill	2
1:00.14	414		17/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Bellshill	2
1:00.15	414	F	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
1:00.37	409	H	26/10/14	Carnegie Winter Meet	Glenrothes	Bellshill	2
1:00.40	409	H	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
1:01.07	391	F	15/02/14	Bellshill Sharks Open Meet 2014	Bellshill	Bellshill	2

1:01.27	391	F	15/02/14	Bellshill Sharks Open Meet 2014	Bellshill	Bellshill	2
1:06.55	305	F	30/06/13	Cumbernauld Summer Graded Meet 2013	Cumbernauld	Bellshill	2
1:08.57	279	F	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Bellshill	2
1:08.62	279	F	16/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Bellshill	2
1:08.76	277	F	27/04/13	Dumfries Graded Meet 2013	Dumfries	Bellshill	2
1:09.04	273		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Bellshill	1
1:17.93	190		22/01/12	2012 Stirling Junior Open Meet	Stirling	Bellshill	2
1:30.15	123	F	19/03/11	Cumbernauld Open Age Group and Senior Meet	Cumbernauld	Bellshill	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.03	486	F	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Bellshill	1
57.03	486	H	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth		1
57.74	468	F	11/02/17	Bellshill Sharks Open Meet 2017	Glasgow	Bellshill	2
55.81	518	F	29/10/16	2016 SASA West District SC SAG Championship	Glasgow	Bellshill	1
55.81	518	H	29/10/16	2016 SASA West District SC SAG Championship	Glasgow	Bellshill	1
56.73	493	F	13/02/16	Sharks Open Meet	Bellshill	Bellshill	1
56.47	500	H	15/11/15	SASA North District Grand Prix 2015	Inverness	Bellshill	1
56.19	508	F	07/11/15	Ren 96 Open Meet	Linwood	Bellshill	2
56.91	489	H	07/11/15	Ren 96 Open Meet	Linwood	Bellshill	2
57.24	480	F	31/10/15	SASA West District SAG Championships	Grangemouth	Bellshill	1
56.82	491	H	31/10/15	SASA West District SAG Championships	Grangemouth	Bellshill	1
56.53	499	H	25/10/15	Carnegie Winter Open Meet	Dunfermline		2
56.91	489	F	16/05/15	Swim West Lothian IM Tough 2015	West Lothian	Bellshill	2
56.39	502	H	26/04/15	South Ayrshire Open Meet	South Ayrshire	Bellshill	2
58.55	449	F	14/02/15	Sharks Open Meet	Bellshill	Bellshill	2
58.13	458		24/01/15	FIRST Open Meet	Bathgate	Bellshill	2
57.27	479	F	08/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
57.36	477	H	08/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
57.85	465	F	01/11/14	SASA West District SAG Championships	Ayr	Bellshill	1
58.14	458	H	01/11/14	SASA West District SAG Championships	Ayr	Bellshill	1
59.02	438	F	26/10/14	Carnegie Winter Meet	Glenrothes	Bellshill	2
1:00.37	409	H	26/10/14	Carnegie Winter Meet	Glenrothes	Bellshill	2
58.67	446	F	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Bellshill	2
1:00.14	414		17/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Bellshill	2
1:00.15	414	F	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
1:00.40	409	H	26/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
1:01.27	391	F	15/02/14	Bellshill Sharks Open Meet 2014	Bellshill	Bellshill	2
1:06.55	305	F	30/06/13	Cumbernauld Summer Graded Meet 2013	Cumbernauld	Bellshill	2
1:08.76	277	F	27/04/13	Dumfries Graded Meet 2013	Dumfries	Bellshill	2
1:08.57	279	F	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Bellshill	2
1:08.62	279	F	16/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Bellshill	2
1:09.04	273		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Bellshill	1
1:17.93	190		22/01/12	2012 Stirling Junior Open Meet	Stirling	Bellshill	2
1:30.15	123	F	19/03/11	Cumbernauld Open Age Group and Senior Meet	Cumbernauld	Bellshill	2