

Individual Best Times (All Time)

Liam McDougall - (835046) - Bellshill Sharks ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.50	401	H	24/10/15	Carnegie Winter Open Meet	Dunfermline	Bellshill	2
1:05.89	394	F	24/09/16	Scottish National Teams	Glasgow	North Lan ST	1
1:05.94	393	F	17/05/15	Swim West Lothian IM Tough 2015	West Lothian	Bellshill	2
1:06.27	387	H	26/04/15	South Ayrshire Open Meet	South Ayrshire	Bellshill	2
1:06.52	383	F	26/04/15	South Ayrshire Open Meet	South Ayrshire	Bellshill	2
1:07.57	365	F	01/11/14	SASA West District SAG Championships	Ayr	Bellshill	1
1:07.63	364	H	09/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
1:07.64	364	H	01/11/14	SASA West District SAG Championships	Ayr	Bellshill	1
1:08.20	355		24/01/15	FIRST Open Meet	Bathgate	Bellshill	2
1:08.87	345	F	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Bellshill	2
1:09.89	330	H	27/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
1:10.40	323	F	09/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
1:10.47	322		18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Bellshill	2
1:10.58	321	F	15/02/15	Sharks Open Meet	Bellshill	Bellshill	2
1:10.77	318	F	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Bellshill	2
1:12.82	292	F	16/11/13	SASA West District JAG SC Champs	Cumbernauld	Bellshill	1
1:13.06	289	H	16/11/13	SASA West District JAG SC Champs	Cumbernauld	Bellshill	1
1:14.91	268	F	30/06/13	Cumbernauld Summer Graded Meet 2013	Cumbernauld	Bellshill	2
1:19.04	228	F	28/04/13	Dumfries Graded Meet 2013	Dumfries	Bellshill	2
1:20.10	219	F	23/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Bellshill	2
1:20.57	215		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Bellshill	1
1:21.41	209	F	17/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Bellshill	2
1:26.88	172		20/05/12	Swim West Lothian - IM Tough	Bathgate	Bellshill	2
1:31.12	149	F	18/03/12	Cumbernauld Open Age Group Meet	Cumbernauld	Bellshill	2

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