

Individual Best Times (All Time)

Liam McDougall - (835046) - Bellshill Sharks ASC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.93	469	H	28/08/16	2016 SASA West District SR Champs	Glasgow		1
26.24	453	H	12/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Bellshill	2
26.25	452	H	14/11/15	SASA North District Grand Prix 2015	Inverness	Bellshill	1
26.29	450	H	30/08/15	SASA West District SR Championships	Ayr	Bellshill	1
26.30	450	H	25/10/15	Carnegie Winter Open Meet	Dunfermline	Bellshill	2
26.56	437	H	15/02/15	Sharks Open Meet	Bellshill	Bellshill	2
26.66	432	F	15/02/15	Sharks Open Meet	Bellshill	Bellshill	2
26.75	428		24/01/15	FIRST Open Meet	Bathgate	Bellshill	2
26.76	427	F	09/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
26.91	420	H	09/11/14	Ren 96 Open Meet	Renfrew	Bellshill	2
26.96	418	H	26/10/14	Carnegie Winter Meet	Glenrothes	Bellshill	2
26.99	416	F	26/10/14	Carnegie Winter Meet	Glenrothes	Bellshill	2
27.06	413	H	06/09/14	2014 SASA West District SC SR Championships	Bellshill	Bellshill	2
27.17	408	F	21/09/14	Stirling Autumn Meet	Stirling	Bellshill	2
27.19	407	H	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Bellshill	2
27.20	407	F	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Bellshill	2
27.40	398	H	15/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Bellshill	2
27.51	393		18/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Bellshill	2
28.26	363	H	27/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
28.29	361	F	27/04/14	South Ayrshire Swim Team Open Age Group Meet	Ayr	Bellshill	2
28.32	360	H	16/02/14	Bellshill Sharks Open Meet 2014	Bellshill	Bellshill	2
28.32	360	F	16/02/14	Bellshill Sharks Open Meet 2014	Bellshill	Bellshill	2
28.49	354	H	01/12/13	Cumbernauld Open Age Group Meet	Cumbernauld	Bellshill	2
28.75	344	H	25/08/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Bellshill	2
28.77	344	F	01/12/13	Cumbernauld Open Age Group Meet	Cumbernauld	Bellshill	2
28.81	342	F	25/08/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Bellshill	2
28.88	340	F	22/09/13	2013 Stirling Autumn Meet	Stirling	Bellshill	2

20.00	340	F	22/09/13	2013 Stirling Autumn Meet	Stirling	Bellshill	
29.11	332	H	31/08/13	2013 SAS West District SC SR Champs	South Ayrshire	Bellshill	1
29.88	307	F	30/06/13	Cumbernauld Summer Graded Meet 2013	Cumbernauld	Bellshill	2
29.92	305	H	30/06/13	Cumbernauld Summer Graded Meet 2013	Cumbernauld	Bellshill	2
30.24	296	F	02/06/13	Rascals Graded Meet	Rutherglen	Bellshill	2
30.35	293		19/05/13	Swim West Lothian IM Tough 2013	Bathgate	Bellshill	2
30.76	281	H	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Bellshill	2
32.98	228		01/09/12	West District Group 5 Championships	Ayr	Bellshill	1
33.54	217		22/09/12	2012 Stirling Autumn Meet	Stirling	Bellshill	2
34.05	207	H	16/06/12	Cumbernauld SC Open Age Group Meet	Cumbernauld	Bellshill	2
34.44	200		20/05/12	Swim West Lothian - IM Tough	Bathgate	Bellshill	2
34.54	198	H	18/03/12	Cumbernauld Open Age Group Meet	Cumbernauld	Bellshill	2
41.01	118	H	19/03/11	Cumbernauld Open Age Group and Senior Meet	Cumbernauld	Bellshill	2

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