## Individual Best Times (All Time)

Kieran Dale - (834603) - Thanet Swim Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue              | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------------|-----------------|-------|
| 4:37.70 | 604    | Н     | 22/06/17 | Thanet Club Championships                       | Margate            | Thanet Swim     | 4     |
| 4:39.68 | 591    | Н     | 26/09/19 | Thanet Club Championships 2019                  | Hartsdown          | Thanet Swim     | 4     |
| 4:40.58 | 586    | Н     | 03/11/18 | Swim England South East Open & Junior Champs    | Portsmouth         | Thanet Swim     | 2     |
| 4:41.34 | 581    | Н     | 08/07/18 | Thanet Club Championships                       | Ramsgate LC        | Thanet Swim     | 4     |
| 4:44.63 | 561    | F     | 16/11/19 | Guildford City Winter Open Meet                 | Surrey Sports Park | Thanet Swim     | 2     |
| 4:44.79 | 560    | Н     | 15/12/18 | TYR Festive Qualifier                           | Hartsdown          | Thanet Swim     | 3     |
| 4:46.87 | 548    | Н     | 05/11/16 | ASA South East Region Winter Championships 2016 | Portsmouth         | Thanet Swim     | 2     |
| 4:52.02 | 519    | Н     | 09/07/16 | Thanet Club Championships                       | Margate            | Thanet Swim     | 4     |
| 5:01.83 | 470    | Н     | 28/11/15 | Thanet Swim Club Advent County Qualifier        | Hartsdown          | Thanet Swim     | 3     |
| 5:13.77 | 419    | Н     | 22/02/15 | 2015 Kent County Swimming Championships         | Gillingham         | Thanet Swim     | 2     |
| 5:17.48 | 404    | Н     | 06/12/14 | Gravesend & Northfleet Open Meet 2014           | Gillingham         | Thanet Swim     | 3     |
| 5:34.97 | 344    | Н     | 08/03/14 | BG Kent ASA Swimming Championships              | Gillingham         | Thanet Swim     | 2     |
| 5:39.36 | 331    | Н     | 15/07/14 | Thanet SC Club Championships                    | Hartsdown          | Thanet Swim     | 4     |
| 5:53.30 | 293    | Н     | 11/01/14 | Dover Lifeguard & Canterbury Icebreaker Meet    | Canterbury         | Thanet Swim     | 3     |
| 6:02.69 | 271    | Н     | 17/09/13 | Thanet SC Club Championships                    | Hartsdown          | Thanet Swim     | 4     |
| 6:09.40 | 256    | Н     | 16/03/13 | Kent County Championships                       | Gillingham         | Thanet Swim     | 2     |
| 6:29.29 | 219    | Н     | 01/12/12 | Gravesend & Northfleet Autumn Open              | Gravesend          | Thanet Swim     | 3     |
| 6:44.18 | 196    | Н     | 07/10/12 | East Invicta Annual Championships               | Canterbury         | Thanet Swim     | 3     |
| 6:52.15 | 184    | Н     | 19/09/12 | Thanet Club Championships                       | Thanet             | Thanet Swim     | 4     |

## Swims in Date Order

| Time                      | WA Pts   | Round | Date     | Meet   | Venue              | Club Swam Under                 | Level        |
|---------------------------|----------|-------|----------|--|--------------------|---------------------------------|--------------|
| 4:44.63                   | 561      | F     | 16/11/19 | Guildford City Winter Open Meet              | Surrey Sports Park | Thanet Swim                     | 2            |
| 4:39.68                   | 591      | Н     | 26/09/19 | Thanet Club Championships 2019               | Hartsdown          | Thanet Swim                     | 4            |
| 4:44.79                   | 560      | Н     | 15/12/18 | TYR Festive Qualifier                        | Hartsdown          | Thanet Swim                     | 3            |
| 4:40.58<br>Copyright 2024 | 586<br>1 | Н     | 03/11/18 | Swim England South East Open & Junior Chamos | Portsmouth         | Thanet Swim<br>Powered By SPORT | 2<br>SYSTEMS |

|         |     |   |          |   |             |             | Page 2 / 2 |
|---------|-----|---|----------|---|-------------|-------------|------------|
| 4:41.34 | 581 | Н | 08/07/18 | Thanet Club Championships                       | Ramsgate LC | Thanet Swim | 4          |
| 4:37.70 | 604 | Н | 22/06/17 | Thanet Club Championships                       | Margate     | Thanet Swim | 4          |
| 4:46.87 | 548 | Н | 05/11/16 | ASA South East Region Winter Championships 2016 | Portsmouth  | Thanet Swim | 2          |
| 4:52.02 | 519 | Н | 09/07/16 | Thanet Club Championships                       | Margate     | Thanet Swim | 4          |
| 5:01.83 | 470 | Н | 28/11/15 | Thanet Swim Club Advent County Qualifier        | Hartsdown   | Thanet Swim | 3          |
| 5:13.77 | 419 | Н | 22/02/15 | 2015 Kent County Swimming Championships         | Gillingham  | Thanet Swim | 2          |
| 5:17.48 | 404 | Н | 06/12/14 | Gravesend & Northfleet Open Meet 2014           | Gillingham  | Thanet Swim | 3          |
| 5:39.36 | 331 | Н | 15/07/14 | Thanet SC Club Championships                    | Hartsdown   | Thanet Swim | 4          |
| 5:34.97 | 344 | Н | 08/03/14 | BG Kent ASA Swimming Championships              | Gillingham  | Thanet Swim | 2          |
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| 6:52.15 | 184 | Н | 19/09/12 | Thanet Club Championships                       | Thanet      | Thanet Swim | 4          |
|         |     |   |          |   |             |             |            |