Individual Best Times (All Time)

Lauren Goodyer - (830810) - Biggleswade SC - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

5:29.03 487 H 05/11/16 East Swimming 2016 SC Championships Luton C Beds SS 5:32.56 472 F 24/06/17 Biggleswade 18th Open Meet Biggleswade Biggleswade 5:33.04 470 F 12/03/16 Mid Beds Swim Squad Level 2 Open Meet Biggleswade C Beds SS 5:35.23 460 H 24/03/18 City of Cambridge Spring Open Cambridge Biggleswade 5:35.25 460 F 07/10/17 2017 BWSC Club Championships Biggleswade Biggleswade 5:36.54 455 H 30/07/16 Swindon Dolphins End of Season Meet 2016 Swindon C Beds SS 5:37.63 451 H 22/10/17 Flitwick Dolphins Open Meet 2017 Biggleswade Biggleswade 5:37.73 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade C Beds SS 5:39.39 47 F 03/10/15	ime	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:33.04 470 F 12/03/16 Mid Beds Swim Squad Level 2 Open Meet Biggleswade C Beds SS 5:35.23 460 H 24/03/18 City of Cambridge Spring Open Cambridge Biggleswade 5:35.25 460 F 07/10/17 2017 BWSC Club Championships Biggleswade Biggleswade 5:36.54 455 H 30/07/16 Swindon Dolphins End of Season Meet 2016 Swindon C Beds SS 5:37.63 451 H 22/10/17 Flitwick Dolphins Open Meet 2017 Biggleswade Biggleswade 5:37.73 450 F 01/10/16 Biggleswade 2016 Club Championships Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade C Beds SS 5:44.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade C Beds SS 5:58.91 375 H	:29.03	487	Н	05/11/16	East Swimming 2016 SC Championships	Luton	C Beds SS	2
5:35.23 460 H 24/03/18 City of Cambridge Spring Open Cambridge Biggleswade 5:35.25 460 F 07/10/17 2017 BWSC Club Championships Biggleswade Biggleswade 5:36.54 455 H 30/07/16 Swindon Dolphins End of Season Meet 2016 Swindon C Beds SS 5:37.63 451 H 22/10/17 Flitwick Dolphins Open Meet 2017 Biggleswade Biggleswade 5:37.73 450 F 01/10/16 Biggleswade 2016 Club Championships Biggleswade Biggleswade 5:37.83 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Luton Biggleswade 5:59.46 373 H <t< td=""><td>:32.56</td><td>472</td><td>F</td><td>24/06/17</td><td>Biggleswade 18th Open Meet</td><td>Biggleswade</td><td>Biggleswade</td><td>3</td></t<>	:32.56	472	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Biggleswade	3
5:35.25 460 F 07/10/17 2017 BWSC Club Championships Biggleswade Biggleswade 5:36.54 455 H 30/07/16 Swindon Dolphins End of Season Meet 2016 Swindon C Beds SS 5:37.63 451 H 22/10/17 Flitwick Dolphins Open Meet 2017 Biggleswade Biggleswade 5:37.73 450 F 01/10/16 Biggleswade 2016 Club Championships Biggleswade Biggleswade 5:37.83 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Luton Biggleswade 5:59.46 373 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 6:09.13 345 F	33.04	470	F	12/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
5:36.54 455 H 30/07/16 Swindon Dolphins End of Season Meet 2016 Swindon C Beds SS 5:37.63 451 H 22/10/17 Flitwick Dolphins Open Meet 2017 Biggleswade Biggleswade 5:37.73 450 F 01/10/16 Biggleswade 2016 Club Championships Biggleswade C Beds SS 5:37.83 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:41.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 6:09.13 345 F <td>:35.23</td> <td>460</td> <td>Н</td> <td>24/03/18</td> <td>City of Cambridge Spring Open</td> <td>Cambridge</td> <td>Biggleswade</td> <td>3</td>	:35.23	460	Н	24/03/18	City of Cambridge Spring Open	Cambridge	Biggleswade	3
5:37.63 451 H 22/10/17 Flitwick Dolphins Open Meet 2017 Biggleswade Biggleswade 5:37.73 450 F 01/10/16 Biggleswade 2016 Club Championships Biggleswade Biggleswade 5:37.83 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:41.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H	:35.25	460	F	07/10/17	2017 BWSC Club Championships	Biggleswade	Biggleswade	4
5:37.73 450 F 01/10/16 Biggleswade 2016 Club Championships Biggleswade Biggleswade 5:37.83 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:41.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	:36.54	455	Н	30/07/16	Swindon Dolphins End of Season Meet 2016	Swindon	C Beds SS	3
5:37.83 450 F 16/12/17 1st Christmas Cracker Open Meet Biggleswade C Beds SS 5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:41.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:37.63	451	Н	22/10/17	Flitwick Dolphins Open Meet 2017	Biggleswade	Biggleswade	3
5:39.36 444 H 25/10/15 Flitwick Dolphins Open Meet 2015 Biggleswade Biggleswade 5:41.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:37.73	450	F	01/10/16	Biggleswade 2016 Club Championships	Biggleswade	Biggleswade	4
5:41.69 435 F 15/10/16 Wycombe District Inaugural Premier Meet Wycombe C Beds SS 5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:37.83	450	F	16/12/17	1st Christmas Cracker Open Meet	Biggleswade	C Beds SS	3
5:46.39 417 F 03/10/15 Biggleswade SC 2015 Club Championships Biggleswade Biggleswade 5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	:39.36	444	Н	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
5:53.79 392 F 09/05/15 Mid Beds Swim Squad Level 3 Open Meet Biggleswade C Beds SS 5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:41.69	435	F	15/10/16	Wycombe District Inaugural Premier Meet	Wycombe	C Beds SS	2
5:58.91 375 H 26/04/14 Team Luton 2014 Short Course Open Meet Luton Biggleswade 5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	:46.39	417	F	03/10/15	Biggleswade SC 2015 Club Championships	Biggleswade	Biggleswade	4
5:59.46 373 H 08/03/14 Bedfordshire Age Group & County Champs Luton Biggleswade 6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:53.79	392	F	09/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	C Beds SS	3
6:09.13 345 F 18/01/14 Biggleswade SC 15th Open Meet Biggleswade Biggleswade 6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:58.91	375	Н	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Biggleswade	3
6:18.48 320 H 27/10/13 Flitwick Dolphins SC Open Meet Biggleswade Biggleswade	5:59.46	373	Н	08/03/14	Bedfordshire Age Group & County Champs	Luton	Biggleswade	2
35	6:09.13	345	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Biggleswade	3
	3:18.48	320	Н	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Biggleswade	3
6:23.80 307 F 21/09/13 Biggleswade Club Championships Biggleswade Biggleswade	3:23.80	307	F	21/09/13	Biggleswade Club Championships	Biggleswade	Biggleswade	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.23	460	Н	24/03/18	City of Cambridge Spring Open	Cambridge	Biggleswade	3
5:37.83	450	F	16/12/17	1st Christmas Cracker Open Meet	Biggleswade	C Beds SS	3
5:37.63	451	Н	22/10/17	Flitwick Dolphins Open Meet 2017	Biggleswade	Biggleswade	3
5:35.25	460	F	07/10/17	2017 BWSC Club Championships	Biggleswade	Biggleswade	4
5:32.56 Copyright 2024	472 4	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Biggleswade Powered By SPORT	3 SYSTEMS

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5:29.03	487	Н	05/11/16	East Swimming 2016 SC Championships	Luton	C Beds SS	2
5:41.69	435	F	15/10/16	Wycombe District Inaugural Premier Meet	Wycombe	C Beds SS	2
5:37.73	450	F	01/10/16	Biggleswade 2016 Club Championships	Biggleswade	Biggleswade	4
5:36.54	455	Н	30/07/16	Swindon Dolphins End of Season Meet 2016	Swindon	C Beds SS	3
5:33.04	470	F	12/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	C Beds SS	2
5:39.36	444	Н	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	Biggleswade	3
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5:53.79	392	F	09/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	C Beds SS	3
5:58.91	375	Н	26/04/14	Team Luton 2014 Short Course Open Meet	Luton	Biggleswade	3
5:59.46	373	Н	08/03/14	Bedfordshire Age Group & County Champs	Luton	Biggleswade	2
6:09.13	345	F	18/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Biggleswade	3
6:18.48	320	Н	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Biggleswade	3
6:23.80	307	F	21/09/13	Biggleswade Club Championships	Biggleswade	Biggleswade	4

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