

Individual Best Times (All Time)

Beng Siew - (829005) - Enfield Swim Squad - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.04	430	F	15/11/14	London Boro of Enfield 200 400 Meet	Enfield	Enfield Sq	4
4:48.12	399	F	01/10/16	London Borough of Enfield SA 200 400 Meet 2016	Enfield	Enfield Sq	4
4:48.52	398	F	20/01/15	Middlesex County Championships 2015	Hendon	Enfield Sq	2
4:52.63	381	F	16/11/13	Middlesex ASA Winter Development Meet	Enfield	Enfield Sq	3
5:01.73	348	F	19/01/14	LBESA 200 400m Borough Championships	Enfield	Enfield Sq	4
5:02.34	345	F	27/10/13	Enfield Swim Squad Autumn Open Meet	Enfield	Enfield Sq	3
5:14.10	308	F	05/01/13	LBESA 50 200 400 Competition	Enfield	Enfield Sq	4
5:16.19	302	F	17/11/12	Middlesex ASA Winter Development Meet	Enfield	Enfield Sq	4
5:44.78	233	F	07/01/12	London Borough of Enfield 200 400 Meet	Enfield	Enfield Sq	4

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