

Individual Best Times (All Time)

Sophia Ground - (828309) - Brompton SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
59.99	587	H	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	Brompton	3
1:00.02	586	F	13/07/19	Borough of Harrow Summer Open Meet 2019	Barnet	Brompton	3
1:00.04	586	H	20/11/22	BUCS Short Course 2022-23	Sheffield		2
1:00.26	579	H	03/11/19	2019 London Region Winter Championships	London	Brompton	2
1:00.33	577	H	04/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
1:00.56	571	H	17/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Brompton	3
1:01.05	557	F	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	Brompton	2
1:01.15	554	F	20/10/18	Deben Open Meet	Ipswich	Brompton	3
1:01.36	549	F	02/12/18	Brompton Winter Club Champs 2018	London	Brompton	4
1:01.72	539	R	18/12/15	ASA Winter Meet	Sheffield	Brompton	2
1:01.75	538	F	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	Brompton	3
1:01.93	534	H	18/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Brompton	3
1:02.09	530	F	10/03/19	Ealing Regional Qualifier 2019	Northolt LC	Brompton	3
1:02.38	522	H	13/07/19	Borough of Harrow Summer Open Meet 2019	Barnet	Brompton	3
1:02.59	517	F	27/02/16	Staines Black Swan B & C Grade Meet	Walton on Thames	Brompton	3
1:02.71	514	F	14/07/18	S&C Summer Time Splash	Westcroft LC	Brompton	4
1:02.94	508	F	29/11/15	BHSC Christmas Cracker County Qualifier 2015	Barnet	Brompton	3
1:03.01	507	H	06/11/16	London Region Winter Championships	Stratford	Brompton	2
1:03.13	504	F	16/06/19	Brompton Summer Club Championship Meet	Virgin Active Fulham	Brompton	4
1:03.70	490	F	29/09/18	18th James Moreno Open Meet	Southampton	Brompton	2
1:03.73	490	F	01/12/19	ESC Xmas County Qualifier	Northolt LC	Brompton	3
1:03.84	487	F	09/07/16	Black Swan Summer Open Meet	Walton on Thames	Brompton	3
1:03.85	487	F	03/12/17	Ealing Christmas L3 Open	London	Brompton	3
1:03.91	486	F	26/11/17	Brompton Winter Club Champs 2017	London	Brompton	4
1:03.97	484	F	01/11/15	Ealing November Open Meet	Northolt	Brompton	3
1:04.76	467	H	24/01/16	MCASA County Championships 2016	Barnet	Brompton	2
1:04.88	464	F	11/10/15	Hillingdon Autumn Short Course Meet 2015	Hillingdon	Brompton	3

1:04.89	404	F	11/10/15	Hillingdon Autumn Short Course Meet 2015	Hillingdon	Brompton	3
1:05.20	457	F	12/11/16	NASL London	Harlow	Brompton	3
1:05.97	441		25/10/15	Barnet Cophall Winter Sprints Meet	Barnet	Brompton	3
1:06.51	431		14/06/15	Barnet Cophall Kate Lack Trophy Meet	Barnet	Brompton	3
1:06.74	426	F	14/03/15	MCASA Spring Development Meet	Enfield	Brompton	3
1:06.74	426	F	12/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Brompton	3
1:07.03	421	F	21/06/15	Brompton Summer Sprints Champs 2015	London	Brompton	4
1:08.33	397	F	18/10/14	Staines SC Black Swan Winter Meet	Elmbridge		3
1:08.61	392	F	26/11/14	Brompton Club Championships	Fulham		4
1:08.97	386	F	12/04/14	Guildford City SC Regional Qualifier	Guildford	Brompton	3
1:09.58	376	F	01/11/14	Ealing Level 3 Open Meet	Northolt		3
1:09.68	375	F	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	Brompton	4
1:10.57	361	F	13/07/14	Staines SC Black Swan Summer Meet	Staines		3
1:10.63	360	H	15/03/14	Middlesex County Championships	Enfield	Brompton	2
1:11.36	349	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Brompton	3
1:11.88	341	F	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Brompton	3
1:12.08	338	F	26/01/14	Cranleigh ASC January Open Meet 2014	Cranleigh	Brompton	3
1:12.72	329	H	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Brompton	3
1:17.21	275	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Brompton	3
1:20.66	241	F	04/11/12	Ealing SC Development Meet	Ealing	Brompton	4
1:21.61	233	F	27/01/13	Cranleigh SC Open Meet	Cranleigh	Brompton	3

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