

# Individual Best Times (All Time)

Sophia Ground - (828309) - Brompton SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.27	476	F	17/11/19	Brompton Winter Club Championship Meet	Fulham Pools	Brompton	4
2:34.64	455	F	17/06/18	Brompton Summer Club Championships 2018	Fulham Pools	Brompton	4
2:39.56	414	F	25/06/17	Brompton Summer Club Champs	London	Brompton	4
2:42.55	391	F	27/11/16	Brompton Winter Club Championships	London	Brompton	4
2:48.02	354	F	22/11/15	Brompton Mid Distance Club Championships 2015	London	Brompton	4
2:53.74	320		14/06/15	Barnet Cophall Kate Lack Trophy Meet	Barnet	Brompton	3
2:54.05	319	F	12/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Brompton	3
2:56.50	306	F	23/11/14	Brompton Winter Club Championships	Fulham		4
3:00.94	284	F	12/04/14	Guildford City SC Regional Qualifier	Guildford	Brompton	3
3:03.78	271	F	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	Brompton	3
3:10.93	241	F	30/11/13	Brompton Mid Distance Championships	Fulham	Brompton	4
3:16.20	222	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Brompton	3
3:27.40	188	F	01/12/12	Brompton Middle Distance Meet	Fulham	Brompton	4
3:29.74	182	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Brompton	3
4:03.87	116		17/07/11	Staines Black Swan Summer Meet	Elmbridge	Brompton	3

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