

Individual Best Times (All Time)

Sophia Ground - (828309) - Brompton SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|----------------------|-----------------|-------|
| 29.70 | 553 | H | 03/11/19 | 2019 London Region Winter Championships | London | Brompton | 2 |
| 30.11 | 530 | H | 20/11/22 | BUCS Short Course 2022-23 | Sheffield | | 2 |
| 31.13 | 480 | F | 10/03/19 | Ealing Regional Qualifier 2019 | Northolt LC | Brompton | 3 |
| 31.18 | 478 | F | 14/07/18 | S&C Summer Time Splash | Westcroft LC | Brompton | 4 |
| 31.19 | 477 | F | 29/09/19 | City of Southampton 19th James Moreno Open Meet | Southampton | Brompton | 2 |
| 31.29 | 473 | H | 03/11/18 | 2018 London Swimming Regional Winter Champs | London | Brompton | 2 |
| 31.37 | 469 | F | 03/12/17 | Ealing Christmas L3 Open | London | Brompton | 3 |
| 31.37 | 469 | F | 16/12/17 | Hillingdon Winter Short Course Open Meet 2017 | Hillingdon | Brompton | 3 |
| 31.41 | 467 | F | 01/12/19 | ESC Xmas County Qualifier | Northolt LC | Brompton | 3 |
| 31.48 | 464 | F | 18/12/16 | Hillingdon Winter Short Course Open Meet | Uxbridge | Brompton | 3 |
| 31.53 | 462 | F | 15/12/18 | Hillingdon Winter Meet 2018 | Uxbridge | Brompton | 3 |
| 31.54 | 461 | F | 13/07/19 | Borough of Harrow Summer Open Meet 2019 | Barnet | Brompton | 3 |
| 31.64 | 457 | F | 17/11/19 | Brompton Winter Club Championship Meet | Fulham Pools | Brompton | 4 |
| 31.78 | 451 | F | 26/11/17 | Brompton Winter Club Champs 2017 | London | Brompton | 4 |
| 31.84 | 448 | F | 19/11/16 | Guildford L2 Winter Qualifier Champs | Guildford | Brompton | 2 |
| 31.84 | 448 | F | 21/10/18 | Deben Open Meet | Ipswich | Brompton | 3 |
| 31.97 | 443 | H | 06/11/16 | London Region Winter Championships | Stratford | Brompton | 2 |
| 32.27 | 431 | F | 16/06/19 | Brompton Summer Club Championship Meet | Virgin Active Fulham | Brompton | 4 |
| 32.28 | 430 | F | 17/06/18 | Brompton Summer Club Championships 2018 | Fulham Pools | Brompton | 4 |
| 32.32 | 429 | F | 29/09/18 | 18th James Moreno Open Meet | Southampton | Brompton | 2 |
| 32.46 | 423 | F | 02/12/18 | Brompton Winter Club Champs 2018 | London | Brompton | 4 |
| 32.98 | 403 | F | 29/11/15 | BHSC Christmas Cracker County Qualifier 2015 | Barnet | Brompton | 3 |
| 33.19 | 396 | H | 07/02/16 | MCASA County Championships 2016 | Barnet | Brompton | 2 |
| 33.28 | 393 | F | 11/10/15 | Hillingdon Autumn Short Course Meet 2015 | Hillingdon | Brompton | 3 |
| 33.48 | 386 | | 25/10/15 | Barnet Cophall Winter Sprints Meet | Barnet | Brompton | 3 |
| 34.15 | 363 | F | 19/10/14 | Staines SC Black Swan Winter Meet | Elmbridge | | 3 |
| 34.58 | 350 | H | 15/02/15 | Middlesex County Championships 2015 | Barnet | Brompton | 3 |

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|-------|-----|---|----------|--|-----------|----------|---|
| 34.36 | 330 | H | 15/02/15 | Middlesex County Championships 2015 | Barnet | Brompton | |
| 35.47 | 324 | F | 12/07/14 | Staines SC Black Swan Summer Meet | Staines | | 3 |
| 35.69 | 318 | F | 22/06/14 | Brompton SC Summer Sprints Champs 2014 | Fulham | Brompton | 4 |
| 51.03 | 109 | F | 27/01/13 | Cranleigh SC Open Meet | Cranleigh | Brompton | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|----------------------|-----------------|-------|
| 30.11 | 530 | H | 20/11/22 | BUCS Short Course 2022-23 | Sheffield | | 2 |
| 31.41 | 467 | F | 01/12/19 | ESC Xmas County Qualifier | Northolt LC | Brompton | 3 |
| 31.64 | 457 | F | 17/11/19 | Brompton Winter Club Championship Meet | Fulham Pools | Brompton | 4 |
| 29.70 | 553 | H | 03/11/19 | 2019 London Region Winter Championships | London | Brompton | 2 |
| 31.19 | 477 | F | 29/09/19 | City of Southampton 19th James Moreno Open Meet | Southampton | Brompton | 2 |
| 31.54 | 461 | F | 13/07/19 | Borough of Harrow Summer Open Meet 2019 | Barnet | Brompton | 3 |
| 32.27 | 431 | F | 16/06/19 | Brompton Summer Club Championship Meet | Virgin Active Fulham | Brompton | 4 |
| 31.13 | 480 | F | 10/03/19 | Ealing Regional Qualifier 2019 | Northolt LC | Brompton | 3 |
| 31.53 | 462 | F | 15/12/18 | Hillingdon Winter Meet 2018 | Uxbridge | Brompton | 3 |
| 32.46 | 423 | F | 02/12/18 | Brompton Winter Club Champs 2018 | London | Brompton | 4 |
| 31.29 | 473 | H | 03/11/18 | 2018 London Swimming Regional Winter Champs | London | Brompton | 2 |
| 31.84 | 448 | F | 21/10/18 | Deben Open Meet | Ipswich | Brompton | 3 |
| 32.32 | 429 | F | 29/09/18 | 18th James Moreno Open Meet | Southampton | Brompton | 2 |
| 31.18 | 478 | F | 14/07/18 | S&C Summer Time Splash | Westcroft LC | Brompton | 4 |
| 32.28 | 430 | F | 17/06/18 | Brompton Summer Club Championships 2018 | Fulham Pools | Brompton | 4 |
| 31.37 | 469 | F | 16/12/17 | Hillingdon Winter Short Course Open Meet 2017 | Hillingdon | Brompton | 3 |
| 31.37 | 469 | F | 03/12/17 | Ealing Christmas L3 Open | London | Brompton | 3 |
| 31.78 | 451 | F | 26/11/17 | Brompton Winter Club Champs 2017 | London | Brompton | 4 |
| 31.48 | 464 | F | 18/12/16 | Hillingdon Winter Short Course Open Meet | Uxbridge | Brompton | 3 |
| 31.84 | 448 | F | 19/11/16 | Guildford L2 Winter Qualifier Champs | Guildford | Brompton | 2 |
| 31.97 | 443 | H | 06/11/16 | London Region Winter Championships | Stratford | Brompton | 2 |
| 33.19 | 396 | H | 07/02/16 | MCASA County Championships 2016 | Barnet | Brompton | 2 |
| 32.98 | 403 | F | 29/11/15 | BHSC Christmas Cracker County Qualifier 2015 | Barnet | Brompton | 3 |
| 33.48 | 386 | | 25/10/15 | Barnet Cophall Winter Sprints Meet | Barnet | Brompton | 3 |
| 33.28 | 393 | F | 11/10/15 | Hillingdon Autumn Short Course Meet 2015 | Hillingdon | Brompton | 3 |
| 34.58 | 350 | H | 15/02/15 | Middlesex County Championships 2015 | Barnet | Brompton | 2 |
| 34.15 | 363 | F | 19/10/14 | Staines SC Black Swan Winter Meet | Elmbridge | | 3 |
| 35.47 | 324 | F | 12/07/14 | Staines SC Black Swan Summer Meet | Staines | | 3 |
| 35.69 | 318 | F | 22/06/14 | Brompton SC Summer Sprints Champs 2014 | Fulham | Brompton | 4 |
| 51.03 | 109 | F | 27/01/13 | Cranleigh SC Open Meet | Cranleigh | Brompton | 3 |