

Individual Best Times (All Time)

Sophia Ground - (828309) - Brompton SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.96	615	F	02/11/19	2019 London Region Winter Championships	London	Brompton	2
26.96	615	H	19/11/22	BUCS Short Course 2022-23	Sheffield		2
27.10	605	F	15/12/18	Hillingdon Winter Meet 2018	Uxbridge	Brompton	3
27.11	605	H	02/11/19	2019 London Region Winter Championships	London	Brompton	2
27.45	582	H	03/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
27.47	581	F	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Brompton	3
27.55	576	F	17/11/19	Brompton Winter Club Championship Meet	Fulham Pools	Brompton	4
27.70	567	F	21/10/18	Deben Open Meet	Ipswich	Brompton	3
27.70	567	F	03/11/18	2018 London Swimming Regional Winter Champs	London	Brompton	2
27.71	566	F	01/12/19	ESC Xmas County Qualifier	Northolt LC	Brompton	3
27.78	562	H	20/11/21	BUCS Short Course Swimming	Sheffield		2
27.86	557	H	08/11/15	ASA London Region Winter Short Course Championship	London		2
27.87	556	F	02/12/18	Brompton Winter Club Champs 2018	London	Brompton	4
27.92	553	F	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	Brompton	2
27.95	552	F	03/12/17	Ealing Christmas L3 Open	London	Brompton	3
28.08	544	F	17/06/18	Brompton Summer Club Championships 2018	Fulham Pools	Brompton	4
28.09	543	F	14/07/19	Borough of Harrow Summer Open Meet 2019	Barnet	Brompton	3
28.15	540	F	17/12/16	Hillingdon Winter Short Course Open Meet	Uxbridge	Brompton	3
28.31	531	F	26/11/17	Brompton Winter Club Champs 2017	London	Brompton	4
28.48	521	F	15/07/18	S&C Summer Time Splash	Westcroft LC	Brompton	4
28.53	519	F	09/07/16	Black Swan Summer Open Meet	Walton on Thames	Brompton	3
28.56	517	H	05/11/16	London Region Winter Championships	Stratford	Brompton	2
28.59	515	F	29/11/15	BHSC Christmas Cracker County Qualifier 2015	Barnet	Brompton	3
28.67	511	F	16/06/19	Brompton Summer Club Championship Meet	Virgin Active Fulham	Brompton	4
28.74	507	F	06/02/16	MCASA County Championships 2016	Barnet	Brompton	2
28.77	506	F	20/11/16	Guildford L2 Winter Qualifier Champs	Guildford	Brompton	2
28.81	504	H	06/02/16	MCASA County Championships 2016	Barnet	Brompton	2

28.81	504	H	06/02/16	MCASA County Championships 2016	Barnet	Brompton	2
28.97	495	F	29/09/18	18th James Moreno Open Meet	Southampton	Brompton	2
29.14	487		14/06/15	Barnet Cophall Kate Lack Trophy Meet	Barnet	Brompton	3
29.14	487	F	04/12/16	Ealing December Christmas L3 Open Meet	Northolt	Brompton	3
29.72	459		25/10/15	Barnet Cophall Winter Sprints Meet	Barnet	Brompton	3
29.96	448	F	21/06/15	Brompton Summer Sprints Champs 2015	London	Brompton	4
30.02	445	F	12/07/15	Black Swan Summer Open Meet 2015 (non nat qual)	Walton-on-Thames	Brompton	3
30.39	429	H	14/02/15	Middlesex County Championships 2015	Barnet	Brompton	2
31.39	389	H	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Brompton	3
31.58	382	F	22/03/14	Middlesex County Championships	Enfield	Brompton	2
32.79	341	F	26/01/14	Cranleigh ASC January Open Meet 2014	Cranleigh	Brompton	3
32.92	337	H	08/12/13	Tigersharks Xmas Open Meet 2013	Swindon	Brompton	3
33.30	326	F	22/06/14	Brompton SC Summer Sprints Champs 2014	Fulham	Brompton	4
33.67	315	F	19/10/13	Staines SC Black Swan Winter Meet 2013	Elmbridge	Brompton	3
34.09	304	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Brompton	3
35.50	269	F	16/06/13	Brompton SC Summer Sprints Champs 2013	Fulham	Brompton	4
36.38	250	F	04/11/12	Ealing SC Development Meet	Ealing	Brompton	4
37.59	226	F	27/01/13	Cranleigh SC Open Meet	Cranleigh	Brompton	3
39.12	201	F	25/02/12	Middlesex County Championships	Enfield	Brompton	2
39.96	188	F	22/01/12	Hillingdon County Qualifier	Hillingdon	Brompton	4
40.16	186	F	06/11/11	Ealing November Development Meet	Ealing	Brompton	4
40.29	184		17/07/11	Staines Black Swan Summer Meet	Elmbridge	Brompton	3
47.16	114	F	21/11/10	Ealing Development Meet	Northolt	Brompton	4

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