

Individual Best Times (All Time)

Matthew Rigg - (826836) - Barrow ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.25	253	H	15/03/14	Cumbria County Championships	Whitehaven	Barrow	2
5:35.78	252	H	25/01/14	2014 Cumbria Winter Meet	Whitehaven	Barrow	3
5:46.67	229	H	06/07/14	Barrow ASC Club Championships 2014	Barrow-in-Furness	Barrow	4
6:09.81	189	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Barrow	3
6:35.40	154	H	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Barrow	3

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