

# Individual Best Times (All Time)

Thomas Lewis - (822415) - Grantham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:16.65	565	H	22/01/17	Lincolnshire County Championships 2017	Grantham	Grantham	2
4:18.68	552	H	24/01/16	Lincolnshire County Championships 2016	Grantham	Grantham	2
4:22.58	528	H	25/10/15	Grantham Club Championships 2015	Grantham		4
4:23.09	525	H	12/11/16	Grantham Club Championships	Grantham	Grantham	4
4:23.36	523	H	21/11/15	Boston ASC Club 11th Open Meet	Grantham		3
4:25.90	508	H	16/10/16	Nova Centurion October L2 SC Open Meet	Nottingham	Grantham	2
4:26.30	506	H	17/10/15	Lincoln Vulcans Level 2 Open Meet	Sheffield		2
4:26.74	503	H	26/11/16	Bexley Short Course Meet	Bexleyheath	Grantham	3
4:29.41	488	H	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
4:31.84	475	H	11/04/15	The 2015 Leicester Age Group Meet	Leicester		3
4:32.14	474	H	08/03/15	Lincolnshire County ASA Swimming Championships	Louth		2
4:36.75	451	H	03/01/15	Boston 10th Open Meet	Grantham		3
4:39.66	437	H	23/11/14	Grantham Winter Club Championships	Grantham		4
4:48.81	396	H	04/01/14	Boston 9th Open Meet	Grantham	Grantham	3
4:51.40	386	H	11/04/14	2014 Leicester Age Group Meet	Leicester	Grantham	2
4:52.76	381	H	17/11/13	Grantham Club Championships	Grantham	Grantham	4
5:06.92	330	H	19/04/13	The 2013 Leicester Age Group Meet	Braunstone	Grantham	2
5:09.96	321	H	03/03/13	Lincolnshire County Championships	Louth	Grantham	2
5:53.00	217	H	19/03/11	Lincolnshire County Championships	Grantham	Grantham	2

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