

Individual Best Times (All Time)

Adam Phillips - (818427) - Dundee City Aquatics SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.88	433	F	26/11/23	SASA Midland District Age group Championships	Forfar		2
2:25.36	428	H	26/11/23	SASA Midland District Age group Championships	Forfar		2
2:27.89	407	F	04/12/22	St Thomas Winter Graded	Arbroath		2
2:30.17	389	H	08/02/22	SASA Midland District Open Championships '22	Montrose Sports		2
2:31.26	380	F	13/11/21	SASA Midland District Meet	Glenrothes		2
2:38.81	328	F	14/11/20	Tighinn Comhla	Various - Round 1		0
2:52.69	255	F	03/11/19	SASA Midland District November Graded Meet	Dundee	Dun City Aqu	2
2:59.70	227	F	08/09/19	St Thomas Autumn Graded	Arbroath	Dun City Aqu	2
3:04.04	211	F	04/11/18	SASA Midland District November Graded Meet	Olympia LC	Dun City Aqu	2
3:05.06	207	F	28/04/19	MW Spring Development Meet 2019	New Olympia	Dun City Aqu	2
3:07.01	201	F	17/12/16	Dundee City Aquatics Club Champs 2016	Dundee	Dun City Aqu	2
3:08.09	198	F	05/11/17	SASA Midland District November Graded Meet	Dundee	Dun City Aqu	1
3:10.71	189	F	07/05/16	SASA Midland District SC Distance Meet	Dundee	Dun City Aqu	1
3:11.09	188	F	09/10/16	Hearts Premier Age Groups Meet	Prestonpans	Dun City Aqu	2
3:11.23	188	F	21/05/17	Alloa May Meet 17	Alloa	Dun City Aqu	2
3:11.45	187	F	06/11/16	SASA Midland District November Graded Meet	Dundee	Dun City Aqu	2
3:14.02	180	F	06/03/16	DCA Mini Meet	Dundee	Dun City Aqu	2
3:17.26	171	F	24/10/15	DCA Autumn Open Meet	Dundee	Dun City Aqu	2
3:19.16	166	F	26/09/15	Stirling Autumn Meet	Stirling	Dun City Aqu	2
3:19.25	166	F	08/11/15	SASA Midland District Graded & Distance Meet	Dundee	Dun City Aqu	1
3:23.02	157	F	14/06/15	ELST Distance Meet 2015	Mercat Gait	Dun City Aqu	2
3:24.34	154	F	15/03/15	DCA Mini Meet	Dundee	Dun City Aqu	2
3:28.05	146	F	25/10/14	Dundee City Aquatics Meet	Dundee	Dun City Aqu	2
3:30.85	140	F	30/05/15	Rascals Graded Meet 2015	Bellshill	Dun City Aqu	2

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