

Individual Best Times (All Time)

James Cooper - (814124) - Romford Town SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:18.53	348	H	29/11/15	Thanet Swim Club Advent County Qualifier	Hartsdown	Romford Town	3
1:26.66	259	F	02/11/14	Teamipswich Open Meet	Ipswich		3
1:26.87	257	H	31/01/15	Essex County Age Group Championships 2015	Southend	Romford Town	2
1:27.59	251	H	15/03/14	Essex County Championships	Basildon	Romford Town	2
1:30.71	226	F	15/03/14	Essex County Championships	Basildon	Romford Town	2
1:34.33	201		19/10/13	Romford Town SC 7th SC Meet	Enfield	Romford Town	3
1:42.37	157	F	05/01/13	Redbridge Winter Meet 2013	Barkingside	Romford Town	3

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