

Individual Best Times (All Time)

James Cooper - (814124) - Romford Town SC - 200 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:19.14	452	H	07/11/15	ASA London Region Winter Short Course Championship	London	Romford Town	2
2:29.80	362	F	01/11/14	Teamipswich Open Meet	Ipswich		3
2:29.90	362	H	15/02/15	Essex County Age Group Championships 2015	Basildon	Romford Town	2
2:32.83	341	H	22/11/14	Harlow Penguins Winter Open Meet	Harlow	Romford Town	3
2:33.83	335	H	29/11/15	Thanet Swim Club Advent County Qualifier	Hartsdown	Romford Town	3
2:36.84	316	H	30/03/14	Essex County Age Groups Championships	Basildon	Romford Town	2
2:46.42	264		20/10/13	Romford Town SC 7th SC Meet	Enfield	Romford Town	3
2:51.77	240	H	09/03/13	Essex County Championships	Braintree	Romford Town	2
2:58.08	216	F	05/01/13	Redbridge Winter Meet 2013	Barkingside	Romford Town	3
3:11.42	173	H	10/03/12	Essex County Championships Block B	Braintree	Romford Town	2
3:11.73	173		21/10/12	Romford Town SC 6th SC Open Meet	Romford	Romford Town	3
3:12.02	172	F	21/04/12	London Borough of Redridge Regional Sprint	Fullwell	Romford Town	2
3:24.12	143		16/10/11	Romford Town Open Meet	Enfield	Romford Town	3
3:27.65	136	F	24/04/11	Borough of Redbridge Regional Sprint Meet	Ilford	Romford Town	3
3:28.77	134		17/07/11	Borough of Waltham Forest End of Season Me	Waltham Forest	Romford Town	4
3:45.79	105		07/05/11	London Borough of Enfield Open Meet	Enfield	Romford Town	3

Swims in Date Order

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