

# Individual Best Times (All Time)

Havana Adiseshiah-Cummins - (813402) - Saxon Crown (Lewisham) SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:04.87	385	H	16/11/15	Saxon Crown SC Club Championships 2015	Glass Mill	Saxon Crown	4
3:05.26	383	F	26/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	Saxon Crown	3
3:08.37	364	F	29/03/15	Redbridge March Regional Qualifier	Fullwell Cross	Saxon Crown	3
3:08.61	363	H	28/02/15	2015 Kent County Swimming Championships	Gillingham	Saxon Crown	2
3:10.23	354	H	03/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge	Saxon Crown	2
3:12.68	340	H	20/12/14	Saxon Crown (lewisham) Christmas Meet	Lewisham	Saxon Crown	3
3:19.21	308	H	17/11/14	Saxon Crown Club Championships	Lewisham	Saxon Crown	4
3:21.88	296	H	27/09/14	Orpington Ojays Season Starter	Gillingham	Saxon Crown	3
3:25.38	281	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Saxon Crown	3
3:27.47	272	H	12/01/14	Dover Lifeguard & Canterbury Icebreaker Meet	Canterbury	Saxon Crown	3
3:36.40	240	H	25/11/13	Saxon Crown Club Championships	Lewisham	Saxon Crown	4
3:46.52	209	F	21/04/13	London Borough of Redbridge Regional Meet	Barking	Saxon Crown	3
3:52.87	192	H	22/04/12	Black Lion SC Level 3 Spring Open Meet	Gillingham	Saxon Crown	3
3:53.61	191	H	24/11/12	Saxon Crown Club Championships	Downham	Saxon Crown	4

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