## Individual Best Times (All Time)

Havana Adiseshiah-Cummins - (813402) - Saxon Crown (Lewisham) SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
456	F	27/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	Saxon Crown	3
452	Н	15/11/15	Saxon Crown SC Club Championships 2015	Glass Mill	Saxon Crown	4
439	Н	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge	Saxon Crown	2
439	Н	07/11/15	ASA London Region Winter Short Course Championship	London	Saxon Crown	2
377	F	29/03/15	Redbridge March Regional Qualifier	Fullwell Cross	Saxon Crown	3
372	Н	14/06/15	Saxon Crown Future Champs	Lewisham	Saxon Crown	3
340	Н	10/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury	Saxon Crown	3
330	Н	01/11/14	Saxon Crown Club Championships	Lewisham	Saxon Crown	4
303	Н	27/09/14	Orpington Ojays Season Starter	Gillingham	Saxon Crown	3
303	Н	20/12/14	Saxon Crown (lewisham) Christmas Meet	Lewisham	Saxon Crown	3
303	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Saxon Crown	3
272	Н	11/01/14	Dover Lifeguard & Canterbury Icebreaker Meet	Canterbury	Saxon Crown	3
220	Н	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Saxon Crown	3
210	Н	20/10/13	Beckenham SC Rising Stars	Beckenham	Saxon Crown	3
199	Н	16/06/13	Saxon Crown SC Future Champions Gala	Lewisham	Saxon Crown	3
197	F	21/04/13	London Borough of Redbridge Regional Meet	Barking	Saxon Crown	3
192	Н	24/11/12	Saxon Crown Club Championships	Downham	Saxon Crown	4
176	Н	21/10/12	Beckenham SC Rising Stars	Beckenham	Saxon Crown	3
	197 192	197 F 192 H	197     F     21/04/13       192     H     24/11/12	197F21/04/13London Borough of Redbridge Regional Meet192H24/11/12Saxon Crown Club Championships	197 F 21/04/13 London Borough of Redbridge Regional Meet Barking   192 H 24/11/12 Saxon Crown Club Championships Downham	197F21/04/13London Borough of Redbridge Regional MeetBarkingSaxon Crown192H24/11/12Saxon Crown Club ChampionshipsDownhamSaxon Crown

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.24	456	F	27/03/16	LBRSC Last Chance Regional Meet 2016	Fullwell Cross	Saxon Crown	3
2:38.74	452	Н	15/11/15	Saxon Crown SC Club Championships 2015	Glass Mill	Saxon Crown	4
2:40.31	439	Н	07/11/15	ASA London Region Winter Short Course Championship	London	Saxon Crown	2
2:40.26	439	Н	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge	Saxon Crown	2
2:49.31 Copyright 202	372 4	Н	14/06/15	Saxon Crown Future Champs	Lewisham	Saxon Crown Powered By SPORT	3 SYSTEMS

							Page 2 / 2
2:48.56	377	F	29/03/15	Redbridge March Regional Qualifier	Fullwell Cross	Saxon Crown	3
2:54.45	340	Н	10/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury	Saxon Crown	3
3:01.42	303	Н	20/12/14	Saxon Crown (lewisham) Christmas Meet	Lewisham	Saxon Crown	3
2:56.29	330	Н	01/11/14	Saxon Crown Club Championships	Lewisham	Saxon Crown	4
3:01.24	303	Н	27/09/14	Orpington Ojays Season Starter	Gillingham	Saxon Crown	3
3:01.43	303	F	27/04/14	London Borough of Redbridge Meet 2014	Barking	Saxon Crown	3
3:08.00	272	Н	11/01/14	Dover Lifeguard & Canterbury Icebreaker Meet	Canterbury	Saxon Crown	3
3:21.70	220	Н	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Saxon Crown	3
3:24.72	210	Н	20/10/13	Beckenham SC Rising Stars	Beckenham	Saxon Crown	3
3:28.47	199	Н	16/06/13	Saxon Crown SC Future Champions Gala	Lewisham	Saxon Crown	3
3:29.14	197	F	21/04/13	London Borough of Redbridge Regional Meet	Barking	Saxon Crown	3
3:31.23	192	Н	24/11/12	Saxon Crown Club Championships	Downham	Saxon Crown	4
3:37.41	176	Н	21/10/12	Beckenham SC Rising Stars	Beckenham	Saxon Crown	3