

Individual Best Times (All Time)

Rebecca Allen - (813048) - Dearne Valley SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|-----------|-----------------|-------|
| 5:23.57 | 365 | | 19/01/14 | Doncaster Dartes Distance Time Trials | Adwick | Dearne Vall | 4 |
| 5:28.33 | 349 | H | 11/01/14 | Harrogate SC Janus Meet | Harrogate | Dearne Vall | 3 |
| 5:52.96 | 281 | H | 12/01/13 | Harrogate Janus A B Grade Meet | Harrogate | Dearne Vall | 3 |

Swims in Date Order

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