

Individual Best Times (All Time)

Yasmin Emery-Hyson - (812831) - Alsager SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:32.76	335	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Alsager	2
5:32.76	335	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Alsager	2
5:32.76	335	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Alsager	2
5:35.65	327	H	03/10/15	North Midlands Championships 2015	Macclesfield		3
5:35.65	327	H	03/10/15	North Midlands Championships 2015	Macclesfield		3
5:36.50	324	H	27/06/15	Alsager Bridgestone Club Championships	Alsager	Alsager	4
5:55.03	276	H	19/04/15	Satellites of Macclesfield 28th Open Meet	Macclesfield		3
6:13.11	238	H	02/11/14	Chase Open Meet 2014	Wolverhampton		2
6:19.74	225	H	12/09/14	Alsager SC Club Championships	Alsager	Alsager	4
6:24.59	217	F	29/06/14	13th Biddulph ASC Open Meet	Biddulph	Alsager	3
6:40.36	192	H	11/01/14	North Midlands Age Group Championships	Macclesfield	Alsager	3
6:40.36	192	H	11/01/14	North Midlands ASA Championships 2014	Macclesfield	Alsager	3
7:06.34	159	H	05/10/13	Alsagar Club Championships	Alsagar	Alsager	4

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