

Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.91	534	F	07/07/14	Deben SC Club Championships	Deben	Deben	4
2:16.89	523	F	29/11/14	Deben Open Meet	Deben	Deben	3
2:17.04	521	F	08/03/15	Suffolk County Championships	Ipswich	Deben	2
2:17.45	516	F	09/03/14	Suffolk County ASA County Championships	Ipswich	Deben	2
2:17.85	512	F	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	Deben	3
2:18.18	508	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Deben	3
2:18.32	507	F	14/02/16	Suffolk County Championships 2016	Ipswich	Deben	2
2:19.15	498	F	17/06/13	Deben SC Club Championships	Woodbridge	Deben	4
2:19.37	495	F	21/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	Deben	3
2:19.52	494	F	03/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	Deben	3
2:20.97	479	F	11/03/13	Suffolk County Championships	Ipswich	Deben	2
2:21.82	470	F	03/07/16	Deben Club Championships 2016	Ipswich	Deben	4
2:23.08	458	F	12/05/13	West Suffolk SC Open Meet	Bury St Edmunds	Deben	3
2:25.07	439	F	02/07/12	Deben SC Club Championships	Deben	Deben	4
2:25.45	436	H	16/12/12	Braintree & Bocking Cristmas Cracker	Braintree	Deben	3
2:28.76	407	F	21/04/12	NDSC 4th Open Meet	Newmarket	Deben	3
2:29.25	403	F	13/05/12	West Suffolk Open Meet	Bury St Edmunds	Deben	3
2:29.76	399		23/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Deben	3
2:30.12	396	F	17/11/12	Deben Open Meet 2012	Deben	Deben	3
2:30.92	390		01/07/11	Deben Club Championships	Deben & Ipswich	Deben	4
2:30.96	390	H	11/03/12	Suffolk County Championships	Newmarket	Deben	2
2:31.60	385		15/10/11	Deben SC Open Meet	Woodbridge	Deben	3
2:33.55	370		13/03/11	Suffolk County Championships	Ipswich	Deben	2
2:33.97	367	F	06/11/11	City of Norwich The Big Bang 2011	Norwich	Deben	2
2:38.21	338	H	09/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Deben	3
2:39.38	331		20/11/10	Deben Open Meet	Deben	Deben	3
2:44.06	282		21/06/10	Suffolk County Development	Ipswich	Deben	2

2:44.00	303	21/06/10	Suffolk County Development	Ipswich	Deben
3:07.02	205	09/01/10	Sudbury & Dist Last Chance	Sudbury	Deben

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