

Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.11	504		27/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Deben	3
1:03.18	503	H	15/03/15	Suffolk County Championships	Ipswich	Deben	2
1:03.25	501	F	16/03/14	Suffolk County Championships	Ipswich	Deben	2
1:03.27	500	F	21/02/16	Suffolk County Championships 2016	Ipswich	Deben	2
1:03.82	488	F	22/11/15	Deben SC Open Meet 2015	Woodbridge	Deben	3
1:04.22	479	F	17/03/13	Suffolk County Championships	Ipswich	Deben	2
1:04.53	472	F	06/07/14	Deben SC Club Championships	Deben	Deben	4
1:04.99	462	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Deben	3
1:05.85	444	F	01/07/16	Deben Club Championships 2016	Deben	Deben	4
1:05.87	443	F	16/10/16	Deben Open Meet 2016	Deben	Deben	3
1:05.98	441	F	16/06/13	Deben SC Club Championships	Woodbridge	Deben	4
1:06.09	439	F	18/12/16	Stowmarket No Frills Open Meet	Stowmarket	Deben	3
1:08.84	388	F	01/07/12	Deben SC Club Championships	Deben	Deben	4
1:08.90	387	F	18/11/12	Deben Open Meet 2012	Deben	Deben	3
1:09.11	384		24/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Deben	3
1:09.26	381	F	22/04/12	NDSC 4th Open Meet	Newmarket	Deben	3
1:09.92	371		18/06/11	Deben Club Championships	Deben & Ipswich	Deben	4
1:10.10	368	H	18/03/12	Suffolk County Championships	Newmarket	Deben	2
1:11.13	352	F	13/05/12	West Suffolk Open Meet	Bury St Edmunds	Deben	3
1:11.34	349		16/10/11	Deben SC Open Meet	Woodbridge	Deben	3
1:11.84	342		13/03/11	Suffolk County Championships	Ipswich	Deben	2
1:12.35	335	F	06/11/11	City of Norwich The Big Bang 2011	Norwich	Deben	2
1:13.53	319	H	08/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Deben	3
1:16.12	287		21/11/10	Deben Open Meet	Deben	Deben	3
1:16.34	285		21/06/10	Suffolk County Development	Ipswich	Deben	3
1:24.92	207		22/11/09	Deben Open Meet	Deben	Deben	4
1:26.47	188		20/01/10	Sudbury & Dist Last Chance	Sudbury	Deben	4

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