

Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------------|-----------------|-------|
| 1:14.11 | 443 | F | 08/03/15 | Suffolk County Championships | Ipswich | Deben | 2 |
| 1:14.79 | 431 | F | 04/07/14 | Deben SC Club Championships | Deben | Deben | 4 |
| 1:15.97 | 411 | F | 01/07/16 | Deben Club Championships 2016 | Deben | Deben | 4 |
| 1:16.38 | 404 | F | 09/03/14 | Suffolk County ASA County Championships | Ipswich | Deben | 2 |
| 1:17.22 | 391 | F | 23/11/13 | Deben Open Meet | Deben | Deben | 3 |
| 1:17.64 | 385 | F | 11/03/13 | Suffolk County Championships | Ipswich | Deben | 2 |
| 1:19.19 | 363 | F | 14/06/13 | Deben SC Club Championships | Woodbridge | Deben | 4 |
| 1:19.20 | 363 | H | 16/12/12 | Braintree & Bocking Cristmas Cracker | Braintree | Deben | 3 |
| 1:21.28 | 336 | | 29/09/12 | Sudbury Michaelmas Olympic Special | Sudbury | Deben | 3 |
| 1:22.18 | 325 | F | 17/11/12 | Deben Open Meet 2012 | Deben | Deben | 3 |
| 1:22.47 | 321 | H | 24/06/12 | Suffolk County Development Meet | Newmarket | Deben | 3 |
| 1:23.48 | 310 | F | 29/06/12 | Deben SC Club Championships | Deben | Deben | 4 |
| 1:24.43 | 299 | | 18/06/11 | Deben Club Championships | Deben & Ipswich | Deben | 4 |
| 1:25.69 | 286 | | 25/06/11 | Suffolk County ASA Development Competition | Newmarket | Deben | 3 |
| 1:26.71 | 276 | | 15/10/11 | Deben SC Open Meet | Woodbridge | Deben | 3 |
| 1:26.92 | 274 | F | 04/12/11 | Newmarket & District Sprint Open Meet | Newmarket | Deben | 4 |
| 1:27.06 | 273 | | 22/01/11 | Sudbury & District Last Chance Meet | Sudbury | Deben | 4 |
| 1:28.19 | 263 | | 22/01/12 | Sudbury & District Last Chance Open Meet | Sudbury | Deben | 4 |
| 1:34.45 | 214 | | 20/06/10 | Suffolk County Development | Ipswich | Deben | 3 |

Swims in Date Order

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| 1:21.28 | 336 | | 29/09/12 | Sudbury Michaelmas Olympic Special | Sudbury | Deben | 3 |
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