

Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.88	480	F	08/03/15	Suffolk County Championships	Ipswich	Deben	2
2:31.89	480		28/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Deben	3
2:35.29	449	F	11/05/13	West Suffolk SC Open Meet	Bury St Edmunds	Deben	3
2:35.65	446	F	11/03/13	Suffolk County Championships	Ipswich	Deben	2
2:36.15	441	F	06/07/14	Deben SC Club Championships	Deben	Deben	4
2:36.37	440	F	09/03/14	Suffolk County ASA County Championships	Ipswich	Deben	2
2:36.55	438	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Deben	3
2:38.50	422	F	20/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	Deben	3
2:38.61	421	F	16/06/13	Deben SC Club Championships	Woodbridge	Deben	4
2:39.24	416	F	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	Deben	3
2:44.15	380	F	29/06/12	Deben SC Club Championships	Deben	Deben	4
2:46.97	361	H	23/06/12	Suffolk County Development Meet	Newmarket	Deben	3
2:53.68	321		22/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Deben	4
2:57.13	302		08/07/11	Deben Club Championships	Deben & Ipswich	Deben	4
2:57.41	301		16/10/11	Deben SC Open Meet	Woodbridge	Deben	3
3:01.11	283		22/01/11	Sudbury & District Last Chance Meet	Sudbury	Deben	4

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