

# Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.23	477	F	05/07/14	Deben SC Club Championships	Deben	Deben	4
1:10.51	471	H	14/03/15	Suffolk County Championships	Ipswich	Deben	2
1:11.52	452	F	29/11/14	Deben Open Meet	Deben	Deben	3
1:11.76	447	F	20/02/16	Suffolk County Championships 2016	Ipswich	Deben	2
1:11.77	447	F	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	Deben	3
1:12.59	432	F	15/03/14	Suffolk County Championships	Ipswich	Deben	2
1:13.00	425	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Deben	3
1:13.19	421	F	16/03/13	Suffolk County Championships	Ipswich	Deben	2
1:13.26	420	F	21/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	Deben	3
1:13.26	420	F	19/11/16	Teamipswich November Open 2016	Ipswich	Deben	3
1:13.41	418	F	17/06/13	Deben SC Club Championships	Woodbridge	Deben	4
1:14.02	407	F	12/05/13	West Suffolk SC Open Meet	Bury St Edmunds	Deben	3
1:14.26	403	F	15/10/16	Deben Open Meet 2016	Deben	Deben	3
1:14.33	402	F	21/11/15	Deben SC Open Meet 2015	Woodbridge	Deben	3
1:17.35	357		29/09/12	Sudbury Michaelmas Olympic Special	Sudbury	Deben	3
1:18.36	343	F	21/04/12	NDSC 4th Open Meet	Newmarket	Deben	3
1:18.44	342	F	02/07/12	Deben SC Club Championships	Deben	Deben	4
1:18.72	339		21/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Deben	4
1:19.06	334	F	17/11/12	Deben Open Meet 2012	Deben	Deben	3
1:19.36	330	H	11/03/12	Suffolk County Championships	Newmarket	Deben	2
1:21.35	307	F	04/12/11	Newmarket & District Sprint Open Meet	Newmarket	Deben	4
1:22.06	299		03/07/11	Deben Club Championships	Deben & Ipswich	Deben	4
1:23.34	285		25/06/11	Suffolk County ASA Development Competition	Newmarket	Deben	3
1:25.03	269		15/10/11	Deben SC Open Meet	Woodbridge	Deben	3
1:27.21	249		23/01/11	Sudbury & District Last Chance Meet	Sudbury	Deben	4

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