

Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.12	443	H	15/03/15	Suffolk County Championships	Ipswich	Deben	2
33.33	434	F	29/11/14	Deben Open Meet	Deben	Deben	3
33.78	417	F	16/03/14	Suffolk County Championships	Ipswich	Deben	2
34.08	406	F	21/02/16	Suffolk County Championships 2016	Ipswich	Deben	2
34.17	403	F	21/11/15	Deben SC Open Meet 2015	Woodbridge	Deben	3
34.33	397	F	18/01/15	Teamipswich Swimming January Open Meet	Ipswich	Deben	3
34.51	391	F	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	Deben	3
34.78	382	F	01/07/16	Deben Club Championships 2016	Deben	Deben	4
34.81	381	F	12/02/17	Suffolk County ASA Championships 2017	Ipswich	Deben	2
34.92	378	F	07/07/14	Deben SC Club Championships	Deben	Deben	4
34.99	375	F	17/03/13	Suffolk County Championships	Ipswich	Deben	2
35.06	373	F	16/06/13	Deben SC Club Championships	Woodbridge	Deben	4
35.22	368		28/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Deben	3
36.07	343	F	17/11/12	Deben Open Meet 2012	Deben	Deben	3
36.85	321	F	01/07/12	Deben SC Club Championships	Deben	Deben	4
37.14	314	H	18/03/12	Suffolk County Championships	Newmarket	Deben	2
37.39	307		21/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Deben	4
38.00	293		09/07/11	Deben Club Championships	Deben & Ipswich	Deben	4
38.06	291		15/10/11	Deben SC Open Meet	Woodbridge	Deben	3
38.06	291	F	06/11/11	City of Norwich The Big Bang 2011	Norwich	Deben	2
38.38	284	F	04/12/11	Newmarket & District Sprint Open Meet	Newmarket	Deben	4
38.85	274		26/06/11	Suffolk County ASA Development Competition	Newmarket	Deben	3
41.54	224		20/11/10	Deben Open Meet	Deben	Deben	3
42.19	214		23/01/11	Sudbury & District Last Chance Meet	Sudbury	Deben	4
42.42	210		21/06/10	Suffolk County Development	Ipswich	Deben	3
45.59	169		21/11/09	Deben Open Meet	Deben	Deben	4
45.67	169		10/01/10	Sudbury & District Last Chance	Sudbury	Deben	4

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