

Individual Best Times (All Time)

Francesca Souter - (811670) - Deben SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.67	461	F	30/11/14	Deben Open Meet	Deben	Deben	3
29.67	461	H	07/03/15	Suffolk County Championships	Ipswich	Deben	2
29.75	457		27/09/14	Sudbury & District SC Michaelmas Two Day Meet	Sudbury	Deben	3
29.85	453	F	22/11/15	Deben SC Open Meet 2015	Woodbridge	Deben	3
29.88	451	H	13/02/16	Suffolk County Championships 2016	Ipswich	Deben	2
29.95	448	F	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	Deben	3
30.04	444	F	04/07/14	Deben SC Club Championships	Deben	Deben	4
30.05	444	F	10/03/13	Suffolk County Championships	Ipswich	Deben	2
30.12	441	F	08/03/14	Suffolk County ASA County Championships	Ipswich	Deben	2
30.23	436	F	04/07/16	Deben Club Championships 2016	Deben	Deben	4
30.34	431	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	Deben	3
30.44	427	F	19/11/16	Teamipswich November Open 2016	Ipswich	Deben	3
30.52	424	F	04/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	Deben	3
30.53	423	F	14/06/13	Deben SC Club Championships	Woodbridge	Deben	4
30.55	422	F	16/10/16	Deben Open Meet 2016	Deben	Deben	3
30.63	419	F	04/02/17	Suffolk County ASA Championships 2017	Ipswich	Deben	2
31.15	398	F	29/06/12	Deben SC Club Championships	Deben	Deben	4
32.22	360	F	18/11/12	Deben Open Meet 2012	Deben	Deben	3
32.61	347	H	10/03/12	Suffolk County Championships	Newmarket	Deben	2
33.03	334		24/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Deben	3
33.10	332		16/10/11	Deben SC Open Meet	Woodbridge	Deben	3
33.27	327		08/07/11	Deben Club Championships	Deben & Ipswich	Deben	4
33.35	325		05/03/11	Suffolk County Championships	Ipswich	Deben	2
34.26	299	H	09/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Deben	3
35.43	271		20/06/10	Suffolk County Development	Ipswich	Deben	3
35.69	265		21/11/10	Deben Open Meet	Deben	Deben	3
36.51	211		22/11/09	Deben Open Meet	Deben	Deben	4

38.31	211	22/11/09	Deben Open Meet	Deben	Deben
38.82	206	09/01/10	Sudbury & Dist Last Chance	Sudbury	Deben

4

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