

Individual Best Times (All Time)

Jessica Lawes - (809934) - City of Linc Pentaqua SC - 400 Freestyle - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 5:48.80 | 291 | H | 13/10/13 | City of Lincoln Pentaqua Club Championships | Lincoln | Co Lincoln P | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
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