

# Individual Best Times (All Time)

Shaun Hall - (808806) - Staines Swimming Club - 200 Backstroke - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:51.29	95		29/11/09	Elmbridge Phoenix Winter	Walton on Thames	Staines	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:51.29	95		29/11/09	Elmbridge Phoenix Winter	Walton on Thames	Staines	4